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Thursday, February 9, 2017 metro.us | t: MetroNewYork | f: MetroNe

NEW YORK FASHION WEEK

Your inside guide to the Fall 2017 show season. 20-22

Don't you want somebody to love? 26-27

Islanders on the move to Hartford? 32

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BIG APPLE BLIZZARD

New Yorkers brace for the first major snowstorm of the year. 4

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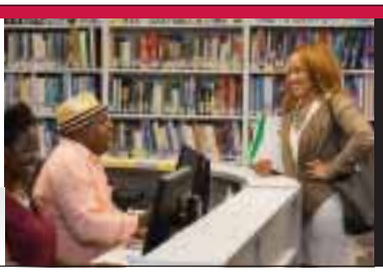

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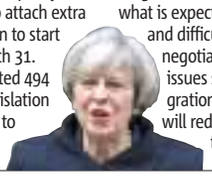
TRUMP SAYS COURTS TOO POLITICAL

1 President Donald Trump fumed on Wednesday over what he called too much politics in the U.S. judiciary, while a federal appeals court kept him and the rest of the country waiting for its ruling on a temporary suspension of his travel ban on seven Muslim-majority countries. A three-judge panel of the 9th U.S. Circuit Court of Appeals in San Francisco heard arguments on Tuesday

on the Trump administration's challenge to a lower court ruling putting the temporary travel ban on hold. The appeals court said it would rule as soon as possible but not on Wednesday. Trump, who argues his Jan. 27 executive order is aimed at heading off attacks by Islamist militants. REUTERS

MAY QUASHES ATTEMPTS TO DERAIL BREXIT PLAN

2 Prime Minister Theresa May won approval from parliament's lower chamber on Wednesday to trigger Britain's exit from the European Union, defeating attempts by pro-EU lawmakers to attach extra conditions to her plan to start divorce talks by March 31. Lawmakers (MPs) voted 494 to 122 in favor of legislation giving May the right to trigger Brexit, ending days of intense debate. The bill now needs the approval of the upper chamber, in which May does not have a majority, before it becomes law. The victory marks a significant step toward starting what is expected to be a complex and difficult two-year negotiation with the EU on issues such as trade, immigration and security that will redraw Britain's role in the world. REUTERS



NORDSTROM CRITICIZED FOR DROPPING IVANKA

3 President Donald Trump criticized Nordstrom Inc. for what he said was its unfair treatment of his daughter Ivanka after its decision to not purchase her clothing line for this upcoming season. Shares of the retailer fell 0.7 percent after the president's criticism. They later recovered to trade up 0.2 percent. "My daughter Ivanka has been treated so unfairly by @Nordstrom. She is a great person — always pushing me to do the right thing! Terrible!," Trump said on Wednesday in his post on Twitter. In a statement last week, Nordstrom said it routinely cuts brands each year and that the decision to pass on the Ivanka Trump brand had been based on its performance. REUTERS

SESSIONS CONFIRMED

5 The U.S. Senate voted to confirm Republican Sen. Jeff Sessions as the next attorney general of the United States. The Alabama senator is known for his tough stance on immigration enforcement and his early support of President Donald Trump who nominated him for the job. Sessions was confirmed by a 52-47 vote. GETTY IMAGES

BOY SCOUTS WELCOME FIRST TRANSGENDER

4 A 9-year-old New Jersey boy has become the first transgender member recognized by the Boy Scouts of America, which last week said it would accept children into its century-old programs based on the gender indicated on their applications. The boy, Joe Maldonado, was thrown out of a Cub Scout pack last year but was welcomed by a different local chapter on Tuesday night, his mother said in a telephone interview on Wednesday. Kristie Maldonado said she has been crying from happiness that her child was accepted. "Once he got that uniform on, he was glowing," she said. "It was just beautiful." The Cub Scouts, open to boys aged 7 to 10, is the first of three age groupings in the Scout program. The Boy Scouts of America confirmed the landmark acceptance of the New Jersey boy. REUTERS

WELCOME TO METRO.US!

KIMBERLY AQUILINA, WEB REPORTER

Forget the cynical stereotype. Time and time again New York has proven herself a giving city. We accept people and ideas that might not be welcome anywhere else. But Mother Nature is taking it too far. She is ready to dump on us — quite literally. The city is expecting some nasty weather and we want your photos! Share your amazing, breathtaking or just plain cool pics with us on Twitter and Instagram with the hashtag #MetroSnowPics. We'll pick the best ones to share at **metro.us/photos** and in our paper.

PLAY TO WIN

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Every Monday, we pick a random winner from the participants who answered correctly one of the quizzes from the previous week. Congrats to last week's winner, **Mary Chapman from Philadelphia.**

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New Yorkers face slushy street corners and bone-chilling winds

The snowstorm brings an ugly end to a day of record warm temperatures.

GARY KANE
@MetroNewYork
gary.kane@metro.us

Pedestrians walk along wet and slushy streets in Manhattan. GETTY IMAGES

> *"The morning commuter will be in the thick of it."*
>
> Metro Meteorologist Michael Friedmann

Hope you enjoyed Wednesday's springlike weather because New York City and much of the Northeast were expected to suffer winter's wrath on Thursday.

Heavy snow was to begin falling on the city at midnight, leading the National Weather Service to issue a Winter Storm Warning through Thursday afternoon.

Metro Meteorologist Michael Friedmann predicted 8 to 10 inches of snow before it's all over.

"The morning commuter will be in the thick of it," he said.

Blizzard conditions are likely in some areas and a blizzard warning was issued for Suffolk County through Thursday afternoon.

"We've gone from spring fever to a blizzard in less than 24 hours," Friedmann said. "Isn't that incredible?"

Winds of 25 to 30 mph are expected, with slightly stronger gusts that will create snow drifts, he said.

The city Emergency Management Department advised New Yorkers on Wednesday to prepare.

"Although the weather is warm today, winter will return quickly on Thursday with dangerous conditions for the morning commute," said Commissioner Joseph Esposito. "New Yorkers should be prepared for snowfall and slippery roads and plan to take mass transit where possible."

In coastal areas, the precipitation is forecast to begin as rain or a mix of rain and snow which will turn to snow on Thursday morning, making for a hazardous commute, according to the department.

Temperatures were expected to drop Wednesday night, with lows around freezing and wind-chill values between 25 and 30 degrees.

The thermometer will continue to fall into Thursday with highs around 32 degrees and wind-chill values dropping it into the teens. The mercury will dip into the teens Thursday night, with wind gusts making it feel in the single digits. Temperatures climb back to around 32 on Friday.

A Code Blue Weather Emergency notice will be issued by New York City when the temperature drops to 32 degrees or below between 4 p.m. and 8 a.m., including National Weather Service calculations for wind-chill values.

No one who is homeless and seeking shelter during a Code Blue will be denied. If you see a homeless person outside in the cold during a Code Blue or you are in need of shelter, the city urges you to call 311.

Prepared for winter's worst

Schools are closed, hundreds of flights are canceled and driving conditions are treacherous.

New Yorkers are wrestling with the first big snowstorm of the season.

The storm comes as a bit of a shock to a city, where only a day earlier residents played hoops in the park and sipped lattes at outdoor tables.

The mercury climbed to 62 degrees in Central Park by early Wednesday afternoon, breaking the previous record of 61 degrees for Feb. 8 set in 1965. Newark Airport and LaGuardia also beat records set in 1965, with temperatures reaching 64 degrees and 61 degrees, respectively.

"I've never seen anything like this in my life," Mayor Bill de Blasio said Wednesday. "What feels like a summer day almost, now, and tomorrow a blizzard."

A few observations about the snowstorm:

- De Blasio announced on Twitter at 6:30 p.m. Wednesday that city schools would be closed "due to expected significant snowfall."
- Department of Sanitation Commissioner Kathryn Garcia said the agency would assign 2,400 workers per shift to 12-hour shifts starting at 7 p.m. Wednesday.
- Sixteen hundred plows are on standby and nearly 700 salt spreaders will be pretreating roads and sidewalks ahead of the storm.
- Alternate-side parking is suspended citywide on Thursday. Parking meter rules remain in effect.
- NJ Transit officials said that systemwide cross-honoring of passes and tickets would be in effect on bus, rail and light rail service on Thursday. It planned regular weekday rail service subject to adjustments due to winter weather conditions.
- More than 2,000 flights across the U.S. were canceled for Thursday, including more than 200 each at LaGuardia, Newark and Kennedy airports. JetBlue canceled nearly 60 percent of its entire schedule
- More flight cancellations and delays were likely.

GARY KANE

Snow plows clearing the snow. GETTY IMAGES

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STDs in NYC at a 30-year high

There were 16,913 cases of gonorrhea in 2015, a 21 percent increase from 2014.

AMANDA MIKELBERG
@MetroNewYork
amanda.mikelberg@metro.us

ISTOCK

Cases of sexually transmitted diseases are at a 30-year high in New York City, and funding for treatment and prevention had dropped while infection rates climbed, according to a report released Wednesday morning.

The rise in STDs in New York City is fairly consistent with the trend across the nation as the incidence of infection is currently at an all-time high in the U.S. But in the city, the rate of unreported cases was consistently higher than the national average for the past decade, according to the report issued by the city Independent Budget Office.

The Department of Health and Mental Hygiene acknowledges the overall increase since 1999, but points out that the city's highest STD rates were actually in the 1980s, before the HIV/AIDS epidemic raised safe sex awareness.

Deputy Commissioner of Disease Control Dr. Jay Varma told Metro that he attributes much of the rise in STD cases to two factors: advances in HIV/AIDS treatments and its increased life expectancy reduced its threat as a deadly disease, and the affected populations started taking less precaution.

The other factor is a decrease in funding to prevention and treatment programs because of the recession of 2008, a notion echoed by the Centers for Disease Control.

> *"STD rates are rising and many of the country's systems for preventing STDs have eroded"*
> Jonathan Mermin

"STD rates are rising and many of the country's systems for preventing STDs have eroded," said Jonathan Mermin, the director of the National Center for HIV/AIDS, Viral Hepatitis, STD and TB Prevention, a division of the CDC.

"During the Great Recession, we at the Health Department had to reduce service to STD programs, and had cuts from the federal government to services that made sure people were tested and treated," Varma told Metro.

Although funding for the city's Bureau of Sexually Transmitted Disease Control had peaked at $15.8 million in 2007, spending toward control actually dropped 20 percent between 2006 and 2016, IBO points out.

Yet a particularly sharp spike in New York's STDs prompted an influx of funding from Mayor Bill de Blasio. The mayor and the City Council bumped up funding by $10 million for the 2017 fiscal year to a total of $25.5 million for STD programs. While it appears that more than 90 percent of that went to the "End the AIDS Epidemic" program, the assumption that the money was not benefiting the overall STD program is an inaccurate presumption, Varma pointed out. In fact half of that money is going toward the general STD endeavor.

"The mayor has been very helpful to expand sexual health services. It's officially called the End the AIDS Epidemic — it's actually an expansion of the whole program, to increase the number of hours clinics are open, increase the number of staff, increase the number of services we are offering," Varma said.

Federal funding is also essential for these programs, but it is uncertain how those interests will be recognized in the new administration, Varma said.

Was Queens jogger's murder racially motivated?

Police suspect the man who confessed to killing Queens jogger Karina Vetrano last summer may have been motivated by race, according to one news report.

Chanel Lewis, 20, reportedly told NYPD detectives he hated Vetrano's predominantly white Queens neighborhood, Howard Beach, the New York Post reported.

Lewis also refused twice to speak with a white detective, sources told the Post; when a black detective interviewed him, Lewis waived his Miranda rights and gave a confession on videotape to killing Vetrano on Aug. 2. He reportedly detailed how he had "hit" and "choked" the young woman while she was on a run through her neighborhood.

Sources told the Post that Lewis, a black man, splits his time between Brooklyn's East New York and Brownsville.

Metro previously reported that Lewis, whose DNA matched what investigators found under Vetrano's fingernails, may have also been motivated by rage.

Five years ago, when Lewis was still in high school, he said he wanted to "stab all the girls," and had asked an aide at his Brooklyn school, "What would happen if I bring a knife to school?" according to an earlier Post report. Lewis was taken into custody as an "emotionally disturbed person."

On the day he murdered Vetrano, 30, Lewis told investigators, a noisy neighbor caused him to storm out of his mother's East New York home, according to DNAinfo. When he encountered Vetrano on a path inside Spring Park, he allegedly decided to take out his rage on her. Sources told the Post that Vetrano had "startled" Lewis.

Karina Vetrano INSTAGRAM

On Tuesday afternoon, Vetrano's father Phil expressed his gratitude for the support he received through a GoFundMe page set up in his daughter's honor.

"As you all know by now we have caught this piece of s—. As we expected he is a loner looser [sic]. He will pay for his crime," Phil Vetrano wrote in an update to the campaign that raised more than $290,000.

Now, Phil Vetrano said his family is looking to donate the money, which was originally raised as a reward, to a good cause and is seeking the public's input.

ALEXIS SACHDEV

Many health plans in New York may now cover hep C treatment for people whose medicine was not covered in the past.

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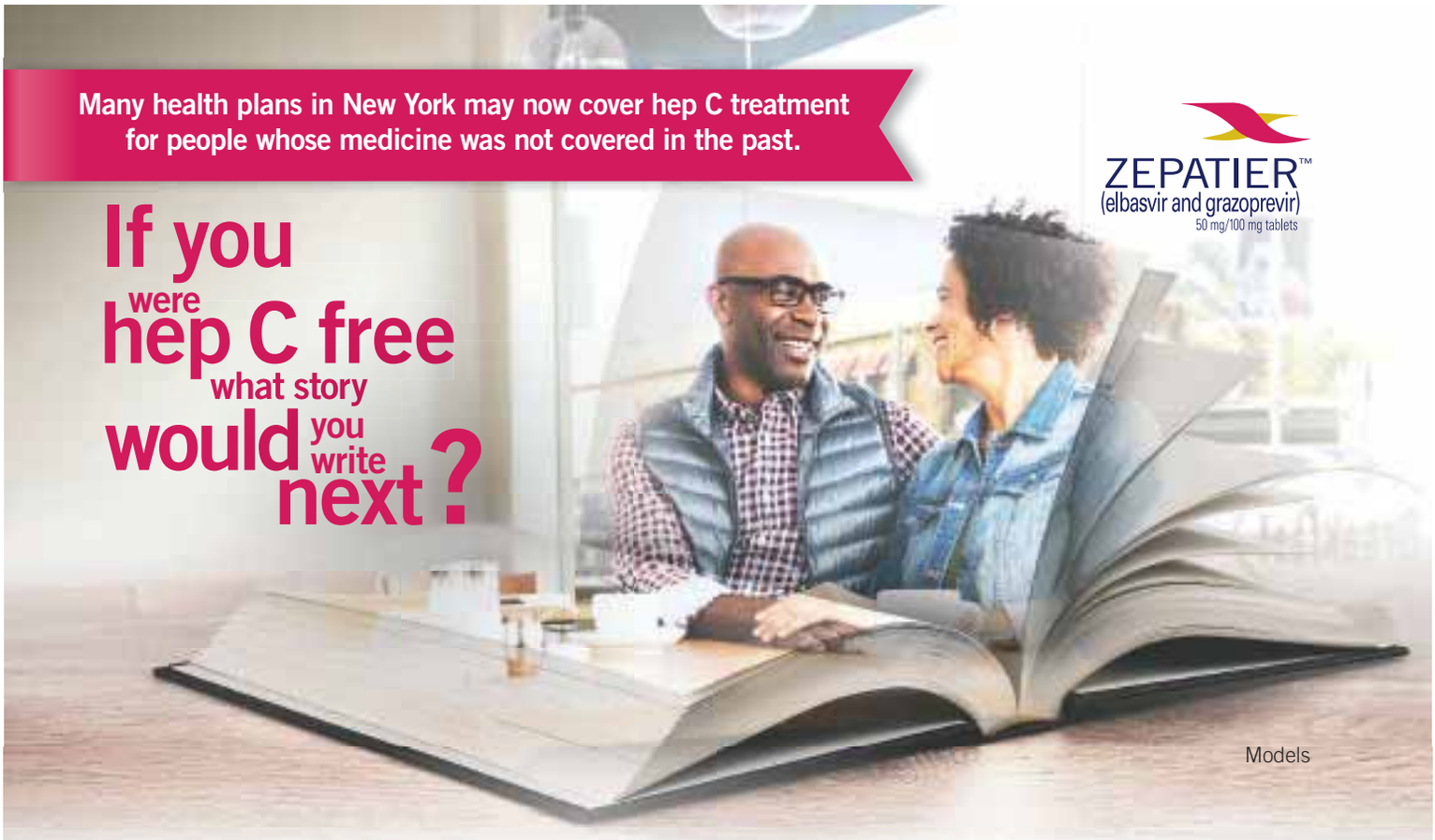
If you were hep C free what story would you write next?



Models

Ask your health care provider about ZEPATIER. See if you could turn the page on hep C and start your next chapter.

ZEPATIER is a once-a-day pill with the power to cure chronic hepatitis C (hep C) infection. ZEPATIER is a prescription medicine used to treat chronic (long-lasting) hep C genotypes 1 or 4 infections in adults. ZEPATIER may sometimes be given with another medicine called ribavirin.

In clinical studies, 94% to 97%* of patients with genotype 1 and 97% to 100%† of patients with genotype 4 chronic hep C infection were cured with once-daily ZEPATIER. Cure means the hep C virus is not detected in the blood when measured 3 months after treatment is completed.

Start writing your next chapter today, New York. Talk with your health care provider about ZEPATIER.

*In studies of patients with genotype 1 chronic hep C infection, the percentages of patients cured after taking ZEPATIER were: 94% (90 of 96 patients); 94% (115 of 122 patients); 95% (273 of 288 patients); 95% (179 of 189 patients); 96% (76 of 79 patients); and 97% (93 of 96 patients).

†In studies of patients with genotype 4 chronic hep C infection, the percentages of patients cured after taking ZEPATIER were: 97% (64 of 66 patients) and 100% (8 of 8 patients).

Important safety information

ZEPATIER is not for people with certain liver problems. Tell your health care provider if you have liver problems other than hep C. Also tell your health care provider if you have ever taken any medicine for hep C, have HIV or any other medical conditions, have had or are waiting for a liver transplant, or are nursing, pregnant, or trying to get pregnant. Tell your health care provider about all of the medicines you take. ZEPATIER may affect how other medicines work, and other medicines may affect how ZEPATIER works. Some medicines cannot be taken with ZEPATIER. Your health care provider can tell you if it is safe to take ZEPATIER with other medicines.

ZEPATIER may cause increases in your liver-related blood tests, which could be a sign of serious liver problems. Your health care provider will do blood tests to check your liver before and during treatment with ZEPATIER. Tell your health care provider right away if you get any of the following symptoms or if they get worse during treatment with ZEPATIER: loss of appetite, nausea and vomiting, feeling tired or weak, yellowing of your skin or eyes, or color changes in your stool.

If you take ZEPATIER with ribavirin, be sure you read the Medication Guide for ribavirin. Common side effects of ZEPATIER include feeling tired, headache, and nausea. When ZEPATIER is used with ribavirin, common side effects also include low red blood cell counts.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

Please read the adjacent Patient Information for ZEPATIER and discuss it with your doctor.

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Patient Information
ZEPATIER™ (ZEP-ah-teer) (elbasvir and grazoprevir) tablets

ZEPATIER™
(elbasvir and grazoprevir)
50 mg/100 mg tablets

What you need to know about ZEPATIER

- Before you take this medicine, be sure you understand what it is for and how to take it safely.
- Keep this information.
- If you have questions about this medicine, ask your healthcare provider or pharmacist.
- Every time you get a refill, look at the Patient Information. There may be new information.
- Your healthcare provider may prescribe ZEPATIER with a medicine called ribavirin. Ribavirin is also known as Rebetol,® Copegus,® Ribasphere,® and Moderiba.® **If you take both ZEPATIER and ribavirin, be sure you read the Medication Guide for ribavirin.**

What is ZEPATIER?

ZEPATIER is a prescription medicine used with or without ribavirin to treat chronic (long-lasting) hepatitis C virus (HCV) genotypes 1 or 4 infection in adults.

It is not known if ZEPATIER is safe or effective in children under 18 years old, people awaiting a liver transplant, or people who have had a liver transplant.

Who should not take ZEPATIER?

Do not take ZEPATIER if you have certain liver problems.

What should I tell my healthcare provider before taking ZEPATIER?

Tell your healthcare provider if you:

- have liver problems other than hepatitis C
- have ever taken any medicine for hepatitis C
- have HIV
- have had or are waiting for a liver transplant
- have any other medical conditions
- are pregnant or trying to get pregnant. ZEPATIER has not been studied in pregnant women. We do not know if ZEPATIER will harm your baby while you are pregnant.
  - **Males and females who take ZEPATIER and ribavirin should also read the ribavirin Medication Guide for important pregnancy, contraception, and infertility information**.
- are breastfeeding or plan to breastfeed. We do not know if ZEPATIER gets in your breast milk and gets passed to your baby.
  - **Talk to your healthcare provider about the best way to feed your baby during treatment with ZEPATIER.**

Are you taking other medicines?

Tell your healthcare provider about all of the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. ZEPATIER may affect the way other medicines work, and other medicines may affect how ZEPATIER works. Some medicines cannot be taken with ZEPATIER. Your healthcare provider can tell you if it is safe to take ZEPATIER with other medicines.

- Know the medicines you take. Keep a list of your medicines and show it to your healthcare provider and pharmacist when you get a new medicine.
- You can ask your healthcare provider or pharmacist for a list of medicines that interact with this medicine.
- **Do not start taking a new medicine without telling your healthcare provider.**

How do I take ZEPATIER?

- **Take 1 ZEPATIER tablet at the same time every day.**
- ZEPATIER comes in a blister package of individually-packaged tablets. Keep the tablets in this package until you are ready to take your dose.
- Take ZEPATIER exactly as your healthcare provider tells you to take it.
- Take ZEPATIER with or without food.
- Do not stop taking ZEPATIER without first talking with your healthcare provider.
- If you take more than your prescribed dose, call your healthcare provider right away.

What if I forget to take ZEPATIER?

- Do not take two doses of ZEPATIER at the same time to make up for a missed dose.
- If you are not sure what to do, call your healthcare provider or pharmacist. It is important that you do not miss or skip doses of ZEPATIER during treatment.

What are the possible side effects of ZEPATIER?

Signs of liver problems. ZEPATIER may cause increases in your liver-related blood tests. This could be a sign of serious liver problems. Your healthcare provider will do blood tests to check your liver before and during treatment with ZEPATIER. Tell your healthcare provider right away if you get any of the following symptoms or if they get worse during treatment with ZEPATIER:

- loss of appetite
- nausea and vomiting
- feeling tired or weak
- yellowing of your skin or eyes
- color changes in your stool

Common side effects of ZEPATIER when used without ribavirin include:

- feeling tired
- headache
- nausea
- trouble sleeping
- diarrhea

Common side effects of ZEPATIER when used with ribavirin include:

- low red blood cell counts (anemia)
- headache
- feeling tired
- shortness of breath
- rash or itching
- feeling irritable
- stomach pain
- depression
- joint pain

If you have any side effect that bothers you or that does not go away, tell your healthcare provider.
There may be other side effects to ZEPATIER that are not listed. Call your doctor for medical advice about side effects.
You may report side effects to FDA at 1-800-FDA-1088.
For more information or medical advice, call your doctor.

Where should I keep ZEPATIER?

- Keep ZEPATIER in its original packaging (blister package) until you are ready to take it. Do not take the tablets out of the original blister package to store in another container such as a pill box. This is important because the tablets are sensitive to moisture. The package is designed to protect them.
- Keep ZEPATIER at room temperature.
- Keep ZEPATIER and all medicines out of the reach of children.

General information about ZEPATIER

- Medicines are sometimes prescribed for purposes other than those listed in the Patient Information. Do not use ZEPATIER for a condition for which it was not prescribed. Do not give ZEPATIER to other people, even if they have the same condition. It may harm them.
- If you would like more information, talk with your healthcare provider or pharmacist. You can ask them for information about ZEPATIER that was written for health professionals.
- For more information, call Merck, the company that makes ZEPATIER, at 1-877-888-4231 or go to www.ZEPATIER.com.

What are the ingredients in ZEPATIER?

The active ingredients are: elbasvir and grazoprevir.
The inactive ingredients are: colloidal silicon dioxide, copovidone, croscarmellose sodium, hypromellose, lactose monohydrate, magnesium stearate, mannitol, microcrystalline cellulose, sodium chloride, sodium lauryl sulfate, and vitamin E polyethylene glycol succinate.

The tablets are film-coated with a coating material containing the following inactive ingredients: carnauba wax, ferrosoferric oxide, hypromellose, iron oxide red, iron oxide yellow, lactose monohydrate, titanium dioxide, and triacetin.

This Patient Information has been approved by the U.S. Food and Drug Administration.

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MERCK

Billionaire's West Village mega-mansion gets green light from Landmarks

The lot was purchased for $38.8 million in 2012.

6sqft

It's champagne and caviar for billionaire hedge funder Steven A. Cohen, who received the official go-ahead on Wednesday to build a massive, six-story, single-family mansion in Greenwich Village.

The Landmarks Preservation Commission (LPC) voted almost unanimously in favor of the planned mansion at 145 Perry Street despite outcry from local residents. Andrew Berman of the Greenwich Village Society for Historic Preservation (GVSHP) denounced the design in a statement as "starkly modern," "fortress-like and massive," and more like a bank or a luxury retail store you'd find in Miami or Los Angeles, not the "simple but charming" Greenwich Village.

According to CityRealty, there are currently two low-slung, nondescript brick buildings with shuttered storefronts located on the prime corner site. The buildings will be demolished to make way for the new scheme which is composed of two buildings: a large mansion and a smaller attached apartment-style house — again, all for one family. Leroy Street Studio drafted the design which, diverging from the overall neighborhood aesthetic, features a cream-colored mason exterior accented with bronze, terracotta and wood details, as well as deeply inset windows shrouded by wooden louvers and a perforated brick screen.

Rendering of the two-building proposal for 145 Perry Street LEROY STREET STUDIO VIA LPC

The attached apartment house essentially flips that palette and is emphasized by more windows and bronze across its facade.

CityRealty writes that the main entry to the mansion will sit on Perry Street, and inside there will be a grand curving staircase, fireplaces, an elevator and a private rear garden designed by Hollander Landscape Architects. The buildings will also be topped off by a planted terrace.

Cohen purchased the lot for $38.8 million in 2012, according to city records. But before he came along, there were two other major proposals floated for the site by developer Scott Sabbagh and Madison Equities: a seven-story, 93-room boutique hotel designed by Morris Adjmi in 2008, and then later a joint hotel and two townhouse development in 2009 designed by Helpern Architects. While both plans were approved by the LPC, they never moved forward.

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Baby Boomers May Avoid Knee Surgery With Modern Arthritis Treatments

Doctors say these two factors are the keys to knee arthritis treatment success and relieving pain without surgery

By Matt Edgar

America's Health Writer

New York City - Everyone has said it at one time or another. If I had only known about "this" sooner - things would be very different today.

That's what many knee arthritis pain sufferers are saying about this technology and treatment.

"We all know that countless lives are being saved every year because of early detection and better treatment" noted the clinic director at the ***NY Pain MD*** in New York City. "*The same holds true for treating arthritis pain. I believe we are having so much success at* ***NY Pain MD*** *because of two factors: One is we are using advanced medical technology and treatments a lot of clinics do not use. And second, the word has spread to our community and so many knee arthritis sufferers are coming in sooner. And the earlier we can treat knee arthritis - the better the results. The key to trying to avoid knee replacement surgery is doing the correct treatment as soon as possibly"*

What is the "correct treatment?"

"That depends," said the director. *"There is no one answer when it comes to medical conditions. Knee arthritis is no different. That's why, if you have knee pain, you should have it evaluated by a doctor who deals with and treats knee pain every day,"* added the director.

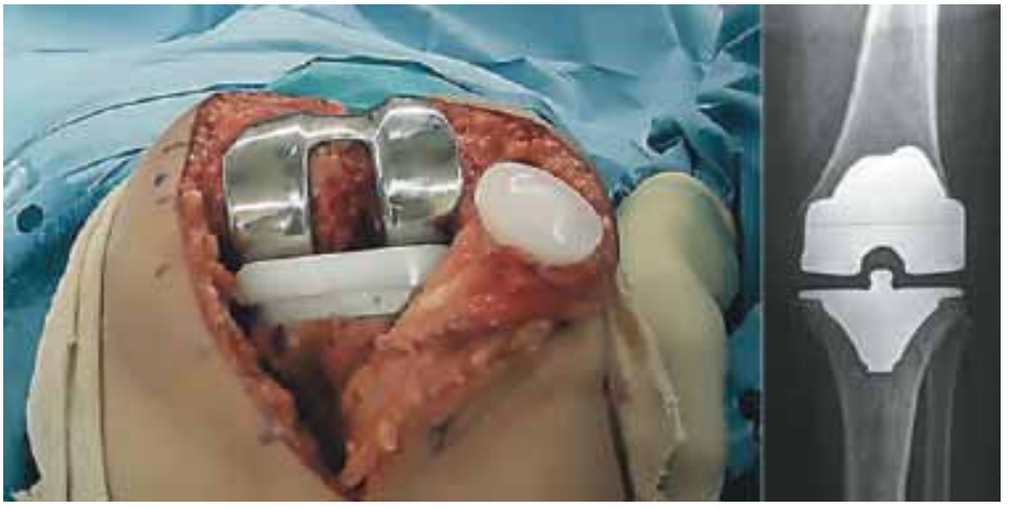
For many knee arthritis pain sufferers the right treatment is Viscosupplementation whereby a preparation of Hyaluronic acid a gel-like FDA approved medicine is applied directly into the knee joint using *Precision Arthritis Targeting Technology.*

Hyaluronic acid is the natural lubricant and shock absorber of your joints and is found to be decreased in arthritis sufferers. This is similar to running your without oil. Obviously, the sooner you put oil back in the car - the less damage will be done. That's why some doctors feel early viscosupplecosupplementation gets the best results and is so important for avoiding surgery.

The director believes one of the most important factors for the success of viscosupplementation is making sure you are getting it into the joint space precisely. That's why the doctors at ***NY Pain MD*** use advanced imaging technology to apply *Precision Arthritis Targetin*g during every treatment.

A device called the "C-Arm" allows the doctor to see into the joint and actually watch the medicine be applied exactly where it is supposed to. Research shows that performing procedures without Precision Arthritis Targeting (P.A.T.T.)can result in missing the joint space as much as 30% of the time. If you had viscosupplementation treatments without Presision Arthritis Targeting Technology and did not get good results - this may be why.

"If you have knee arthritis pain, viscosupplementation might be the answer you are looking for. The keys are not wait, get a good evaluation from an expert and make sure precision arthritis targeting is used to make sure you have the best chance for success."



Can This Be Avoided? Total knee replacement is serious surgery requiring months of rehabilitation. Some doctors think modern treatments done early enough can keep baby boomers from going under the knife.

Normal Pain-Free Knee Joint

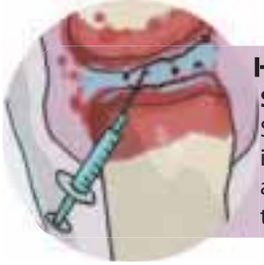
Everyone Wants Proof:

In the artist simulated drawings, picture #1 is a normal, pain-free knee. There is no arthritis and the knee can move and bend freely without pain.

Knee With Painful Arthritis

Pain -

Illustration shown is a knee joint with painful xosteo-arthritis. Arthritis causes the joint space to decrease, grinding, stiffness, decreased motion, bone spurs,swelling and a lot of pain.



Hyalgan Injected Directly Into Knee Join like "Joint Oil"

Sucessful Treatment -

Successful Treatment - Hyalgan (blue) being precisely injected directly into the knee joint using Hologic digital imaging. Advanced imaging allows treatments to be as precise as possible. Hyalgan can lubricate the joint and decrease pain.

Research Shows Doctors Miss The Joint Space Up To 30% Of The Time Without Advanced Imaging

Failed Treatment -

The injection (and Hyalgan) misses the joint space. Research shows this occurs up to 30% of the time without the use of Hologic digital imaging to guide the injection. This is why Hyalgan may not have worked for you.

Knee Pain Screenings Offered To Help Determine If New York Metro Area Residents Qualify For Popular Treatment

Knee pain sufferers have limited time to claim knee pain screening to see if all-natural knee arthritis treatment might work for them

If you qualify for this treatment, it might be one of the happiest days of your life.

That's because, for the past year and a half, hundreds of knee pain sufferers have flocked to ***NY Pain MD*** New York City.

That's when their specially trained-doctors added Hyalgan treatments to their already successful comprehensive knee pain relief program.

Viscosupplementation is unique because - even-though it is manufactured by a pharmaceutical company, it is NOT considered a drug because it is a natural substance with an incredible story.

Why So Many Want It

You see, when you suffer with arthritis - the lubricating fluid (synovial fluid) in your knee joint dries up.

This means instead of gliding smoothly - your bones start to rub and grind against each other.

This causes a little pain in the beginning - but over time the pain steadily gets worse until it is excruciating.

Like "Joint Oil"

Viscosupplementation works so well because it is like 'joint oil." It is a natural substance that contains one of the natural building blocks of the synovial fluid that lubricates your knee.

Scientists and researchers discovered this natural building block to synovial fluid in the rooster's comb - that big red thing on top of the roosters head. It is extracted from the roosters comb, purified and concentrated. They have also developed medical lubricants that are also natural but made a bit like yogurt and "cultured" into highly effective arthritis pain-fighting medical lubricants.

When introduced directly into your knee joint, it is like squirting oil on a rusty door hinge.

Viscosupplementation allows your joints to glide more smoothly eliminating a lot of the rubbing, grinding and pain.

Can Supplements Do The Same Thing?

No. Glucosamine and chondroitin and other supplements are much different. You can only get this from a doctor and it often helps knee pain sufferers who got limited or no success from glucosamine and chondroitin. Beware of unsubstantiated claims made by supplements to do what this advanced medical procedure does.

Why You Should Try This Even If You've Already Had Similar Treatments Without Results...

"We have been able to help so many knee pain sufferers - even many who have already tried other treatments like Synvisc, Supartz, Orthovisc and even Hyalgan. This is because our treating doctors always use ***"Precision Arthritis Targeting Technology".*** *This allows us to place the Viscosupplementation exactly where is needs to be. Studies show doctors doing joint injections without technology can miss the joint up to 30% of the time."* noted the Director of Center

NY Pain MD is a state of the art medical facility offering only the best technology.

Advanced Medical Technology Can Make All The Difference: **This advanced Precision Arthritis Targeting Technology using fluorososcopic imaging allows doctors to see directly into the knee joint so treatments are precise and the FDA approved lubricating medicine actually goes EXACLTY where it is supposed to. Studies show that procedures done without this technology can miss the joint up to 30% of the time. This is one reason Viscosupplementation may not have worked for you in the past. *NY Pain MD* uses this P.A.T. Imaging Technology. with each and every treatment.**

And that's not all :

"Every case is individual. Some patients get quite a bit of relief right away - others take a little more time. But most have been extremely happy. We've noted results lasting no less than 6 months for many but up to 2 years for some patients.. Patients who were suffering for years with bad knee pain are getting their lives back... going for walks again and exercising. It's amazing to see. They tell all their friends - that's why we are swarmed. After getting treatment and feeling better, many patients have decided to cancel their total knee replacement surgeries." added the director.

How To Find Out If It Can HelpYou?

If you have knee pain, the ***NY Pain MD*** doctors would like to invite you for a no-obligation screening to see if you are a candidate for their treatments using *Precision Arthritis Targeting Technology.*

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All you have to do is call 800-885-KNEE (5633) right now and when the scheduling specialist answers the phone tell her you would like your no obligation "Knee Pain Screening." The doctors at ***NY Pain MD*** can only accept a limited amount of new patients each month for this screening - so if you are interested please call now. Your no obligation screening will only take about 25-30 minutes... you will get all your questions answered and leave knowing if you have possibly found the solution to your knee pain.

And here's something really important - Viscosupplementation treatments are covered by most insurance, union plans and even medicare. To schedule your no obligation screening or if you have any questions:

Call: 800 885 KNEE (5633)

Are You Qualified For Knee Arthritis Screening With *NYC Pain MD?*

- **Do you have pain and osteoarthritis (arthritis) of the knee?**
- **Have you tried other treatments such as NSAIDS and other anti-inflamatory medications without success?**
- **Have you already tried viscosupplementation (Hyalgan, Suparz, Synvisc) without satisfactory results?**

If you answered yes to any of these questions - give *NY Pain MD* a call and schedule your no obligation knee pain screening

NYC PAIN MD

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Pentagon could pay president to rent space at Trump Tower

The Department of Defense is looking to rent space in President Trump's Manhattan skyscraper, where his wife Melania and son Barron still reside, according to a published report.

The agency is "working through appropriate channels … to acquire a limited amount of leased space in Trump Tower," Pentagon representative Lt. Col. J.B. Brindle told the Washington Post.

"The space is necessary for the personnel and equipment who will support the POTUS at his residence in the building," Brindle said.

It can cost about $1.5 million a year to rent a floor at Trump Tower, the Post pointed out.

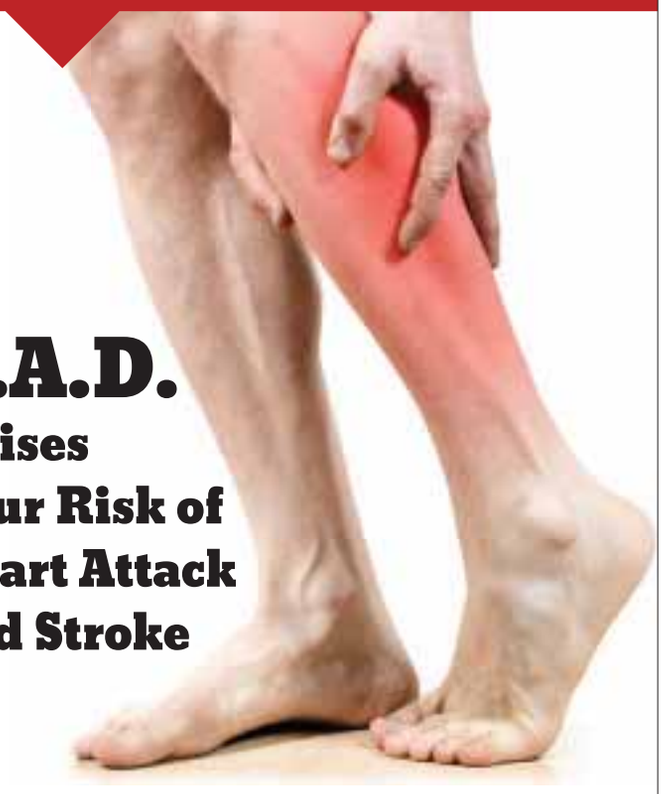
The rental space will be separate from where the Secret Service detail are located.

Although officials have shacked up with past presidents at their homes, including Barack Obama's Chicago residence, this situation is different because the rent money would go directly into Trump coffers.

"I have never heard of a president charging rent to the DOD or any other part of the government so they can be near him on his travels," said Richard Painter, a former chief White House ethics counsel under George W. Bush who is part of a lawsuit accusing Trump of violating a constitutional ban for his continued ownership interest in a Washington hotel. "He should give them for free a very limited amount of space and they can rent nearby if needed."

Trump Tower on Fifth Avenue KRYSTAL T/CREATIVE COMMONS

AMANDA MIKELBERG



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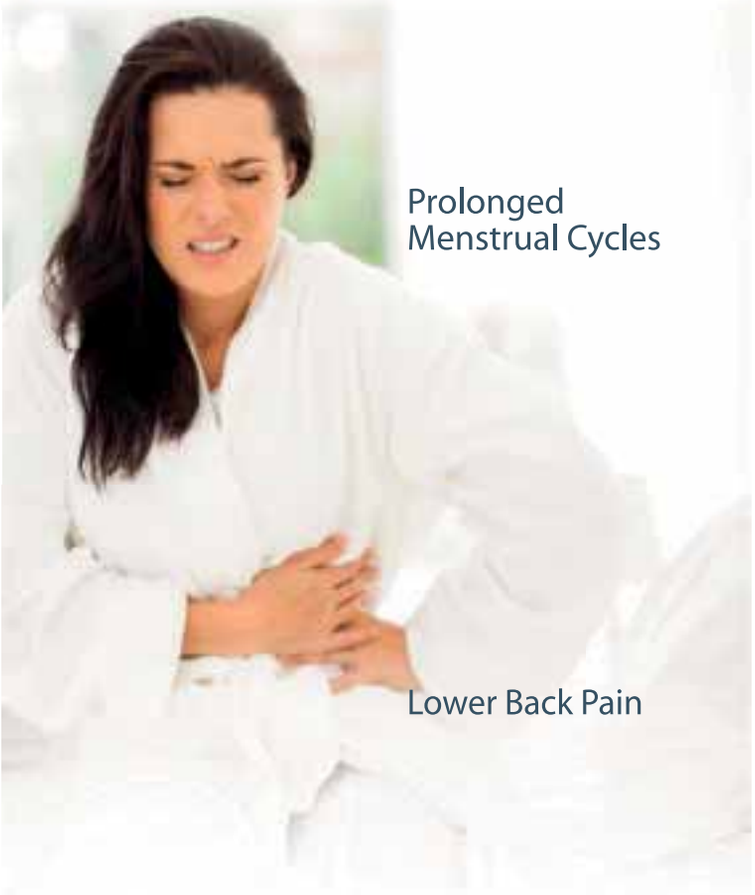

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Spokesman: US high court nominee calls Trump's attacks on judiciary 'demoralizing'

The administration appealed that ruling to a three-judge federal appeals panel, which is due to decide the issue this week.

U.S. Supreme Court nominee Judge Neil Grouch fist-bumps 4-year-old Charles Marshall, III of Dover, Delaware, in the hallway as he arrives for a meeting on Wednesday in Washington, DC. GETTY IMAGES

Donald Trump's nominee for the U.S. Supreme Court, Neil Gorsuch, on Wednesday described the president's Twitter attacks on the judiciary as "demoralizing" and "disheartening," a spokesman for Gorsuch said.

Spokesman Ron Bonjean, a Republican strategist hired by the White House to help guide Gorsuch's nomination through the U.S. Senate, confirmed that Gorsuch used those words when he met Democratic Sen. Richard Blumenthal.

Trump, who took office on Jan. 20, took to Twitter over the weekend to condemn the Friday night order by Judge James Robart that placed on hold the president's Jan. 27 temporary travel ban on people from seven countries and all refugees.

Trump called Robart a "so-called judge" whose "ridiculous" opinion "essentially takes law-enforcement away from our country."

U.S. presidents are usually hesitant to weigh in on judicial matters out of respect for a U.S. Constitution clause ensuring a separation of powers between the executive branch, Congress and the judiciary.

Trump nominated Gorsuch on Jan. 31 to succeed Justice Antonin Scalia on the nine-member court. Scalia died a year ago this month. Blumenthal is a member of the Judiciary Committee that will hold a confirmation hearing on Gorsuch's nomination.

"As the nominee of a president who has viciously attacked the independence of the judiciary and declared multiple litmus tests for justices, Judge Gorsuch has a special responsibility to reassure the American people that he will be an open-minded and independent jurist," Blumenthal said in a statement.

"If he wants the American people to believe that he is truly independent, Judge Gorsuch must tell them in no uncertain terms that President Trump's attacks are not just disappointing — they are abhorrent and destructive to our Constitutional system — and he must condemn them publicly," Blumenthal's statement said. REUTERS

POLITICS

Clinton, other Democrats rally around silenced Sen. Warren

Hillary Clinton and other Democrats on Wednesday flocked to support U.S. Sen. Elizabeth Warren for voicing criticism of President Donald Trump's nominee for attorney general even after being silenced by Republicans on the Senate floor.

Republican senators voted on Tuesday evening to end Warren's reading of a letter written 30 years ago by Martin Luther King Jr.'s widow that criticized Sen. Jeff Sessions, the nominee to lead the Justice Department, for his civil rights record.

Warren then went to the hallway where she continued to read the letter for a Facebook video that had drawn over eight million views as of Wednesday afternoon.

In a rare public comment since losing the presidential election to Trump on Nov. 8, Clinton posted on Twitter a link to Warren's video and a quote from Republican Senate Majority Leader Mitch McConnell that was originally meant as a rebuke.

"She was warned. She was given an explanation. Nevertheless, she persisted, Clinton quoted McConnell as saying. "So must we all," Clinton added.

The Senate action prompted a tide of support on Facebook for Warren, a darling of the political left, under a hashtag #LetLizSpeak. REUTERS

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White House defends move to curb regulations

Activists rally against President Donald Trump's reported plans to loosen Wall Street regulations and repeal the Dodd-Frank Act outside of Goldman Sachs headquarters in Lower Manhattan, GETTY IMAGES

The White House defended the order, saying that it was part of the administration's efforts to help companies create jobs and that the groups are making assumptions about the order's impact.

The White House defended the president's executive order to U.S. agencies to rescind two government regulations for every new rule introduced, after several advocacy groups filed a lawsuit on Wednesday challenging the Trump administration over the move.

The National Resources Defense Council, Communications Workers of America, and Public Citizen said in their lawsuit that the Jan. 30 order would harm the public.

They said it would "block or force the repeal of regulations needed to protect health, safety, and the environment, across a broad range of topics — from automobile safety, to occupational health, to air pollution, to endangered species."

"The lawsuit presumes a lot of outcomes that are wildly inaccurate," White House spokesman Sean Spicer told reporters at a daily press briefing. He added that over-regulation has hurt economic growth and that reviewing regulations should be welcomed.

The order does not apply to most of the financial reform rules introduced by the Obama administration or to rules mandated by statutes.

Republican President Donald Trump's order is a part of his party's larger effort to undo many of the actions of former President Barack Obama, a Democrat who left office last month after two four-year terms.

In Congress, conservative lawmakers have already moved to stamp out five Obama-era rules on corruption, the environment, labor and guns.

Companies have lauded the effort to deregulate, saying it will help boost their businesses and the larger U.S. economy. On Wednesday, Tokyo-based SoftBank Group Corp., whose chief executive has backed Trump's efforts, said easing rules will make it easier to do business in the United States.

In addition to Trump, Wednesday's lawsuit in U.S. District Court for the District of Columbia named federal departments and agencies, particularly those with jurisdiction over environmental, transportation and energy issues.

The groups argued that Trump overstepped his constitutional power and that the order "directs federal agencies to engage in unlawful actions that will harm countless Americans, including plaintiffs' members."

REUTERS

LEGAL NOTICE

African-American and Latino individuals who are or were employed as New York City public school teachers and who failed the Liberal Arts and Sciences Test *for the first time* after February 13, 2004, may be eligible for money and other relief

- A Federal court ruled that the New York City Department of Education ("DOE") (formerly the Board of Education) discriminated against African-American and Latino teachers who either lost or were denied a permanent teaching appointment as a result of failing an administration of the Liberal Arts and Sciences Test ("LAST") after February 13, 2004.
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- You have a choice to either stay in the Class or not, but **you must decide this now.**
  - Option 1: You may choose to remain in the class and be represented by Class Counsel. You will be entitled to share in any settlement or recovery on behalf of the Class. You will be legally bound by all orders and judgments of the Court and will not be able to file a separate lawsuit for the same conduct alleged in this case.
  - Option 2: You can remain in the Class and hire your own counsel at your expense. At this time you are represented by the Class Counsel.
  - Option 3: You may ask to be excluded from the Class, in which case you will not be entitled to share in any settlement or recovery obtained on behalf of the Class, but you will have the right to file your own suit for monetary relief.
- To exclude yourself from the Class you must send a letter postmarked no later than April 30, 2017, with your (i) name, (ii) address, (iii) telephone number, (iv) signature, and (v) say you want to be excluded from Gulino v. BOE. Send the letter to Gulino v. Board of Education, PO Box 9000 #6543, Merrick, NY 11566-9000.
- If you choose to remain in the Class, **you must submit a claim form in order to be eligible for monetary and other individual relief.**
- To get a claim form or if you have questions about this case, you may contact The Garden City Group, Inc. at no charge to you:
  - Call: (844) 322-8233;
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NORTH DAKOTA

Tribe says it's running out of options to stop pipeline

The leader of a Native American tribe attempting to block the Dakota Access oil pipeline said on Wednesday the Standing Rock Sioux Tribe may have exhausted legal options to stop the project after the company building it won federal permission to tunnel under the Missouri River.

Legal experts agreed the tribe faces long odds in convincing any court to halt the $3.8 billion project led by Energy Transfer Partners LP, which could now begin operation as soon as June.

The U.S. Army said on Tuesday it would grant the final permit for the pipeline after an order from President Donald Trump to expedite the project. The army owns the land through its Corps of Engineers.

"We're running out of options, but that doesn't mean that it's over," David Archambault II, chairman of the Standing Rock Sioux Tribe, told Reuters in a telephone interview. "We're still going to continue to look at all legal options available to us."

Tuesday's announcement dealt a major setback to Native American tribes and climate activists who have vowed to fight the pipeline, fearing it will desecrate sacred sites and endanger drinking water. Supporters say the pipeline is safer than rail or trucks to transport the oil.

The 1,170-mile line will move crude from the shale oilfields of North Dakota to Illinois en route to the Gulf of Mexico, where many U.S. refineries are located.

Public opposition to the pipeline has drawn thousands of people to the North Dakota plains, including high-profile political and celebrity supporters. Large protest camps popped up near the site, leading to several violent clashes, including one incident where protesters burned vehicles, and another when police fired water cannons on activists in sub-freezing temperatures. REUTERS

The NSA headquarters at Fort Meade, Maryland GETTY IMAGES

NSA contractor indicted for theft of classified data

The contractor faces 20 criminal counts, each punishable by up to 10 years in prison, the Justice Department said.

A former National Security Agency contractor was indicted on Wednesday by a federal grand jury on charges he willfully retained national defense information, in what U.S. officials have said may have been the largest heist of classified government information in history.

The indictment alleges that Harold Thomas Martin, 52, spent up to 20 years stealing highly sensitive government material from the U.S. intelligence community related to national defense, collecting a trove of secrets he hoarded at his home in Glen Burnie, Maryland.

Martin worked for Booz Allen Hamilton Holding Corp. when he was taken into custody last August.

The contractor also employed Edward Snowden, who leaked a trove of secret files to news organizations in 2013 that exposed vast domestic and international surveillance operations carried out by the NSA.

A Booz Allen spokeswoman did not have an immediate comment on Martin's indictment.

Booz Allen announced last October that it had hired former Federal Bureau of Investigation Director Robert Mueller to lead an audit of its security, personnel and management practices.

The indictment provided a lengthy list of documents Martin is alleged to have stolen from multiple intelligence agencies, including 2014 NSA reports detailing intelligence information "regarding foreign cyber issues" that contained targeting information and "foreign cyber intrusion techniques."

The list of pilfered documents included in the indictment stretch back to an August 1996 NSA weekly status summary of national defense concerns "emanating from various parts of the world." It also alleges Martin stole an NSA user's guide for an unnamed intelligence-gathering tool and an outline of a classified real-world exercise that involved the NSA and U.S. military demonstrating existing cyber intelligence capabilities.

Martin's initial appearance in the U.S. District Court of Baltimore was scheduled for Tuesday, the Justice Department said. REUTERS

"For as long as two decades, Harold Martin flagrantly abused the trust placed in him by the government."

U.S. Attorney Rod Rosenstein

Swedish statistician and 'edutainer' Hans Rosling dies

Hans Rosling, statistician and founder of Gapminder, speaks about the impact of growing global population on resources at the ReSource 2012 conference on July 12, 2012 in Oxford, England. GETTY IMAGES

Swedish academic Hans Rosling, a doctor and statistician who captured a worldwide audience with his witty style and original thinking on topics like population growth and development, has died at the age of 68.

With humor, lively graphics and an impassioned rhetorical style, Rosling used forums like online TED talks to influence public debate. In one typical example, he deployed a set of brightly colored plastic boxes from furniture store IKEA to illustrate demographic trends in the richest and poorest countries.

The Gapminder foundation, a self-styled "fact tank" he co-founded to fight misconceptions about global development, said in a statement that Rosling had died on Tuesday, a year after being diagnosed with pancreatic cancer.

A health professor at Sweden's Karolinska Institute, Rosling was known for highlighting progress in the developing world, including declines in child mortality and poverty, and the advance of democracy in Africa.

"Hans Rosling was a good friend and a brilliant teacher. He managed to bring life to facts and he helped people to see the progress we often overlooked. We are deeply saddened by the loss," philanthropists Bill and Melinda Gates told Swedish news agency TT.

NATO Secretary General Jens Stoltenberg wrote on Twitter: "A giant has passed away. Hans Rosling made change possible by sharing his extraordinary knowledge. A friend that will be missed by many."

In 2014, at the height of the Ebola epidemic, Rosling packed his bags and went to Liberia to offer his services.

"He went straight into the Health Ministry and said, 'Hi there, here I am. Professor Hans Rosling. Can I help you?'" Helena Nordenstedt, doctor and scientist at Karolinska, told Swedish daily Expressen.

In the past decade, Rosling had cut back on his work at Karolinska to devote more time to work as a public educator for Gapminder, where he liked to refer to his role as an "edutainer."

REUTERS

"We know that many will be saddened by this message. Hans is no longer alive, but he will always be with us and his dream of a fact-based world view, we will never let die."

The Gapminder foundation

BUSINESS

Intel announces $7 billion semiconductor factory

Intel Corp. chose the Oval Office as its backdrop to announce a $7 billion investment in a new Arizona semiconductor factory, a plant it said would create 3,000 new jobs when it is up and running.

Intel CEO Brian Krzanich announced the investment to reporters while standing behind President Donald Trump, a signal of how corporate America is adapting to a White House that is not reluctant to single out companies for praise or criticism.

Trump said Krzanich called him a few weeks ago to say he wanted to meet to make a big announcement.

Krzanich said Intel has been working on the factory, its third in Arizona, for several years. He said he wanted to announce it at the White House as a sign of support for the "tax and regulatory policies that we see the administration pushing forward."

The company said in a release that the plant would be completed in three or four years. Trump, who took office on Jan. 20, campaigned on a promise to push for companies to keep or create jobs in the United States, rather than sending them abroad.

Intel was one of more than 100 companies that joined together to file a legal brief opposing Trump's temporary travel ban on people from seven Muslim-majority nations.

But that issue did not come up during the Oval Office meeting, said Reed Cordish, a White House official in charge of technology initiatives.

Intel announced less than a year ago that it would cut up to 12,000 jobs globally, or 11 percent of its workforce, as it refocused its business toward microchips that power data centers and internet connected devices and away from the declining personal computer industry it helped found. REUTERS

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7 Things to know about NYFW

Raf Simons makes his big Calvin Klein debut and more

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You'd be hard pressed to find a city that sums up fashion's current state of constant change than New York, where its biannual fashion week continues to go through a make-over with decamping labels, new transplants and more. Here, the names, shows and dates to know.

The Proenza Schouler NYFW show will be its last

It's hard to imagine a New York Fashion Week without a Proenza Schouler show. Jack McCollough and Lazaro Hernandez have long been the city's hometown design heroes. But next season, they will pick up and go to Paris, where they plan to begin showing during the January and July couture season, along with Vetements and Rodarte.

ALL PHOTOS GETTY IMAGES UNLESS STATED OTHERWISE

Rag & Bone turns 15

Because fashion loves an anniversary, Marcus Wainwright will celebrate the 15th anniversary of Rag & Bone with a weekend-long exhibition rather than a conventional runway show. Expect appearances from a few surprise famous names.

Kanye West returns

Yes, it's hard to believe — what with the PR nightmare and major fallout with the critics that happened at Yeezy's show last season, when models collapsed from heat exhaustion during his outdoor show. It was literally a hot mess. No matter. The rapper turned designer wants a do-over, for Yeezy Season 5. Fifth time's a charm?

RENDERINGS BY RANDALL PEACOCK AND MARTIN EISLER

Tommy Hilfiger decamps for L.A.

As much as we must talk about who will be on the NYFW calendar this season, we should also talk about who won't be. There will be no DKNY, due to its sale to G-III from LVMH and subsequent departure of creative directors Dao-Yi Chow and Maxwell Osbourne. Or Rodarte, following sisters Laura and Kate Mulleavy's decision to take its collection to Paris. But most notably, NYFW will be devoid of Tommy Hilfiger, who this week takes his See Now Buy Now extravaganza to Venice Beach in Los Angeles. Following his two-day party of a show last season, featuring Gigi Hadid, his presence will be missed. The brand will again release its second TommyXGigi collection to consumers right after the show.

COURTESY OF TOMMY HILFIGER

The CFDA stands with Planned Parenthood

Trend alert: The Council for Fashion Designers of America is distributing hot-pink pins that state "Fashion Stands with Planned Parenthood" during NYFW. More than 40 CFDA members (including Diane von Furstenberg, Prabal Gurung and Public School) will wear these pins and incorporate them into their runway looks, and the organization plans to give out even more pins to guests, models and press passing to and from shows throughout the week (Feb. 9-16).

Each pin features a magnetic backing (as to not puncture fabric, of course) and comes with a card explaining Planned Parenthood's mission statement, the importance of its services and urging wearers to donate. While the CFDA won't be donating to Planned Parenthood directly via this initiative, it hopes the awareness will show a representation of solidarity across the industry.

If you aren't lucky enough to receive a pin via show invite or handout, WWD notes you may be able to snag one at select fashion week locations (think: Skylight Clarkson Square) starting Feb. 9.

RACHEL RACZKA

INSTAGRAM/@ CFDA

Mansur Gavriel to debut women's wear

Rachel Mansur and Floriana Gavriel, the duo responsible for making the It Bag a thing again, will turn their winning streak to womenswear with a show that debuts a see-now-buy-now clothing collection, making it all the easier for their impressively large cult following to get their hands on the goods.

COURTESY OF MANSUR GAVRIEL

WILLY VANDERPERRE

Raf Simons makes his big Calvin Klein debut

It's not all departures for New York. Raf Simons, the former creative director of Dior and Jil Sander — and one of the most revered designers in the business — makes his big debut as chief creative officer of Calvin Klein. Not only will he bring some much-needed international gravitas to the city's show calendar, his show will be the most anticipated of the entire runway season.

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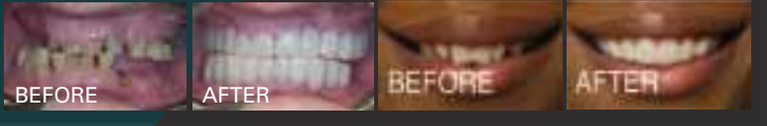

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What is the #MadeinNYFashion campaign?

The initiative highlighting local designers kicks off today for NYFW.

KATE MOONEY
@yatinbrooklyn
kate.mooney@metro.us

This New York Fashion Week, a local campaign will remind runway-watchers that many of the looks they covet are homegrown.

There's a story behind the clothes — who makes them, and where and how. Here's a fun fact: In New York City, 30 percent of manufacturing jobs in the five boroughs contribute to fashion production.

Made in NY: Fashion, a public initiative from the New York City Economic Development Corp., wants stylish New Yorkers to know that their city supports local designers.

Currently, 33 NYC-based designers are "Made in NY"-certified, manufacturing 75 percent of production within the five boroughs (a key requirement).

As NYFW kicks off today, the initiative highlights four of the certified designers: Cadet, DanniJo, Maiyet and Alejandra Alonso Rojas, who you'll see featured on bus shelters and newsstands across the city and on social media (#MadeinNYFashion).

Here are this year's featured designers. *For information on how to apply for Made in NY certification, visit madeinnyfashion.nyc.*

Alejandra Alonso Rojas

The Madrid-born designer creates her effortless, yet sophisticated womenswear line — neutral palette, suede dresses and silk suits — in NYC. "We want to be ethical, and Made in NY certification signifies that," she says.

DanniJo

The sister duo of Danielle Snyder and Jodie Snyder Morel have been designing and manufacturing their (limited-edition) jewelry line — bold statement pieces with colorful stone and oxidized metal — in New York City since launching in 2008.

"New York is such a big part of who we are as a brand," says Danielle. "We're able to touch our pieces from start to finish, and it's an important part of our creative process. Our pieces are ethically and responsibly made, and Made in NY certification reminds our customers of this."

Cadet

The Williamsburg-based brand draws inspiration from a post-WWII military academy aesthetic (think: Westpoint), creating a line of casually austere menswear ("boot camp" sweatpants, "admiral" flannel button-downs) that's rolled out in Brooklyn. Co-founder Raúl Arévalo says, "Manufacturing locally, we are able to work directly with our factories — even daily, if needed."

Maiyet

Maiyet co-founder Paul Van Zyl, human-rights-lawyer-turned-fashion-CEO, incorporates Mongolian cashmere and block patterns from Jaipur, India, in his luxurious-yet-sensible womenswear pieces, which are then finished in NYC.

"We believe emphatically in the strength of community," he says. "We source globally to bolster the hometowns of our artisan partners and we create locally to support our hometown, New York, and its longstanding and venerable fashion history."

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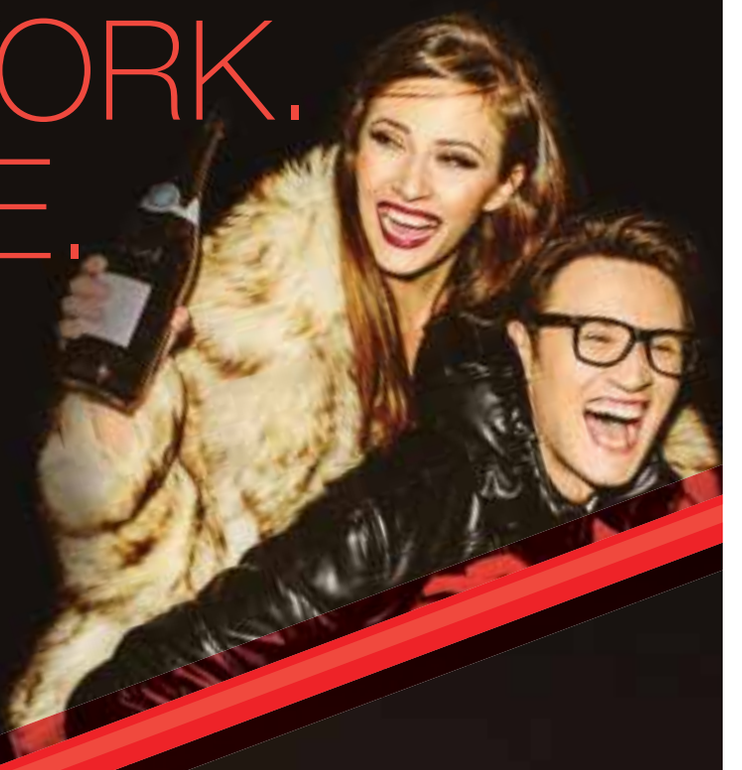

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Lady Gaga shuts down body-shamers

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Lady Gaga literally does not have time for her haters. A handful of people on social media critiqued her supposedly unflattering appearance during her Super Bowl halftime show — particularly her midsection, with some horribles going so far as to call it a "beer belly." In true Gaga fashion, the "Born This Way" singer shut down all that nonsense in an inspiring Instagram post. She writes: "I'm proud of my body, and you should be proud of yours, too. No matter who you are or what you do." Meanwhile, I don't get why body shaming is still a thing. Doesn't it seem incredibly boring? Aren't there better things to do, like, I don't know, get involved in your community or binge watch "Parks & Recreation" ? My goodness. Anyway, big ups to Gaga for normalizing the normal and staying positive — even if she did fail to get sufficiently political during her gig.

Tom Hiddleston on that "I Heart T.S." tank

Oh, Tom Hiddleston. You sweet, beautiful, talented man-child. As you may remember, last year the British actor and Taylor Swift had a definitely not fake, three-month-long whirlwind romance. Now, the "Night Manager" star is finally opening up about it, however evasively. He even (kind of) addresses that time he was caught wearing an "I Heart T.S." tank. "The truth is, it was the Fourth of July… and we were playing a game and I slipped and hurt my back," he told GQ. "And I wanted to protect the graze from the sun and said, 'Does anyone have a T-shirt?' I was just surprised that it got that much attention."

I never really believed this whole "relationship" with Swift. It always seemed very much like a PR opportunity, despite the fact that Hiddleston is a person who seems so damn genuine — or at least tries to. I mean, his interview with GQ is full of gems. He loves long walks through the park! He's passionate about Bolognese! He's positively uncool! Throughout the interview, Hiddleston insists the whole T-shirt thing was just a joke among friends. Which, if you think about it, sounds like a statement on his entire relationship with Swifty. Just saying.

the word

RACHAEL CLEMMONS
@rachaelclemz

Olivia Wilde debuts a hot new 'do

@OLIVIAWILDE

Actress Olivia Wilde took to Instagram this week to debut her new haircut — a short blond bob with superdark roots. And from looking at her numerous Instagram posts on the subject, she really loves it. I particularly love the one of her and Kate Mara posing for the launch of Tiffany & Co.'s Tiffany HardWear. In tribute to their near-identical haircuts, the "Vinyl" actress writes, "When you roll up to the party with your new look and it turns out you just single white femaled your friend you haven't seen in a year."

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Justin Timberlake talks *NSYNC

Justin Timberlake — mega pop star, occasional actor and, perhaps most important, former Mouseketeer — has some feelings about why he decided to leave *NSYNC, and he is finally ready to tell us all about it. Lucky us! "I was growing out of it," Timberlake tells The Hollywood Reporter. "I felt like I cared more about the music than some of the other people in the group."

OK, first of all, this is rude because I know for a fact JC Chasez cared about the group. I could just tell from the way he danced in the "It's Gonna Be Me" video. Second of all, fine. But *NSYNC went on hiatus in 2002. So this whole thing is just 15 whole years too late. I really used to love this man, you guys. But every time he opens his mouth, he says something problematic.

Can't we just go back to the glory years of him being on "SNL" every other month? This year, Timberlake earned a Best Original Song Oscar nomination for "Can't Stop The Feeling!"— so I'm sure we'll get some more charming quotes that are totally rude to JC Chasez in the near future. Hooray!

Alex Karpovksy as Ray Ploshansky in 'Girls.' The final season premieres Sunday, Feb. 12 on HBO. CRAIG BLANKENHORN/HBO

'Girls' Alex Karpovsky says 'Ray would flip the f—k out' about Trump

Plus, why he's back with Marnie.

KATE MOONEY
@yatinbrooklyn
kate.mooney@metro.us

Alex Karpovksy's irascible, endearing Ray is the moral center of "Girls," the elder in the friend group who offers a critical take on their narcissism. Ahead of the show's final season, the 41-year-old Newton, Massachusetts, native tells us what Ray's doing back with Marnie and how his conscientious — albeit existentially conflicted — character would have found his calling as an activist post Trump's election.

Ray is back with Marnie. What's the attraction for him there?

One [reason] is that he sees her as an outsider to some degree; she's someone who's been marginalized, who's desperately trying to fit in and be accepted, adhere to some convention of normalcy. Another answer — and this is a little more crass — he's getting the girl he was never able to get before. So, there's an insecurity that's just being preyed on that he can't fully deny.

Where do you see Ray in five, 10 years?

It changes based on my mood and blood sugar levels. Obviously this was all shot and written before Trump was elected. I think Ray would flip the f— out in the wake of the election and I can't imagine he would just do nothing. Maybe he would be one of these guys who's organizing these JFK-type protests. Maybe he would drive to Montgomery, Alabama, and get on a soapbox there. He'd probably also have a podcast about the history of Brooklyn, just to keep things interesting.

Favorite "Girls" scenes?

In Season 2 [Episode 4, "It's a Shame About Ray"], there's a scene where I tell Shosh that I love her on the subway at the Williamsburg L. It was the first time we saw the tenderness and vulnerability in his character, and it opened the door for us to peel back the layers further on him, and explore the underpinnings of his judgment and anger.

What's your take on the characters' perpetual narcissism? Is it because they're in their 20s? Is it something inherent?

As I understood it, we never wanted to make a show about mature, balanced, healthy people. That was never interesting to anybody. We wanted it to be about flawed, myopic, vain, narcissistic people. We felt these were the type of people we knew and could really skewer. I think that opened us up for criticism: "Why aren't they hanging out with these kinds of people? Why are they making the same mistakes repeatedly?"

And Ray serves as the kind of moral center.

Someone has to. I don't know if there's a term for this in Greek theater — someone has to say what the audience feels or at least hint at it. He's sort of the guy who's like, "Hey, we know how you feel and we're going to make fun of them for being this way." That's why he's always sort of giving him these zingers, because we've got to let the steam out; otherwise the audience is going to have a f—ing aneurysm.

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LUST is an evening of "extended foreplay" that will transform Lot 45 into a garden of earthly delights. Dinner is served on naked bodies, followed by a night of sexually provocative performances — have you ever seen a human candelabra? — and erotic art installations, play areas, live music and "kidnappings" for unique one-on-one experiences.
Fri., Feb. 10, 7 p.m.-3 a.m., 411 Troutman St., Bushwick, lot45bushwick.com

Musicians' sex tips

The Venn Diagram of heavy metal fans who are also into the Bee Gees probably looks more like two circles, but if you're in it, **Tragedy: All Metal Tribute to the Bee Gees & Beyond** is your everything. Clash tribute band Straight To Hell wrote a (medically vetted) musical guide called "The Joy of Sex" that reimagines songs by Madonna, Prince, Rod Stewart and other pop icons in their heavy metal style, each paired with an illustration of something fun to try after the show.
21+, Sat., Feb. 11, 8:30 p.m., $12-$15, Rough Trade, 64 N. Ninth St., Brooklyn, roughtradenyc.org

Find the love clues

You'll need both of your (likely lapsed) stores of art and history knowledge to crack Watson Adventures' **Naked at the Met** scavenger hunt. As part of a team of up to six, you'll have to solve tricky questions that will lead you to barely clad statues, nude paintings, anatomically correct armor and more at the Met.
18+, Sat., Feb. 11, 5-7:30 p.m. $44.50, 1000 Fifth Ave. watsonadventures.com

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For those who'll always believe in happy endings, Highline Ballroom wants you to be their guest at the **Disney Valentine's Ball**. Pop-rock cover band The Little Mermen will lead a night of dancing and singing to all the hits of your childhood, when no obstacle was too big for love.
Sat., Feb. 11, 8 p.m. $22-$45, 431 W. 16th St. highlineballroom.com

Dance all night

LIC's Paper Factory Hotel, with its labyrinth of rooms, is quickly becoming the hot new space for immersive events. Valentine's weekend brings **Heart-Shaped Box**, starting with a grand feast and drinks, then moves into an all-night dance party; between numbers, sit down with a tarot reader or take in mystical performances away from the main floor.
Feb. 11, 8 p.m.-4 a.m., $40-$125, 37-06 36th St., Queens, paperfactoryhotel.com

Be the star

Evan Kaufman and Rebecca Vigil have been hailed as "reliably brilliant" by The New York Times for their improv show **Your Love, Our Musical!** Watch as the comedy power couple picks one lucky(?) pair from the audience and creates a singing tribute to their relationship.
21+, Sun., Feb. 12, 8 p.m., $15, The Bell House, 149 Seventh St., Brooklyn, thebellhouseny.com

No inhibitions

At House of Yes, Valentine's Day is an invitation to seduce each other all over again while exploring boundaries at **The Story of Red**. Bushwick's premier artistic event space will have sensual bites (of food), private "heart-opening" sessions, tantric massage, play spaces, a live band and so much more, if you dare to discover it. If it all gets a little overwhelming, the rooftop hot tub is open.
"Red tie" or costume mandatory, 21+, Feb. 14, 7 p.m.-4 a.m., $40-$300, 2 Wyckoff Ave., Brooklyn, houseofyes.org

Laugh together

Eighteen years later, **"There's Something About Mary"** retains its dubious charm. Relive the classic rom-com with theater group Scriptfaced, who'll perform a staged reading with a drinking game that involves both actors and audience. Arrive early to grab seats.
Feb. 14, doors at 7:30 p.m., 21+, $10-$12, Union Hall, 702 Union St., Brooklyn, unionhallny.com

Get sexy

Forget aphrodisiac foods — embrace your carnal instincts at **Dirty**, a massive art and performance show where a one-hour Lagunitas open bar will get you in the mood to browse a gallery of sexy art, pick up some tips from erotic dancers and shop for sex toys and lingerie to take your lovin' to the next level.
Feb. 14, 7 p.m.-2 a.m., $10-$25, Tender Trap, 66 Greenpoint Ave., dirty shownyc.eventbrite.com

Under the big top

Be in a carnival: The immersive, decadent and high-energy night of artistry you already know as Supercinema is now **The McKittrick Masquerade.** On Valentine's night, enter into a carnival-themed party spanning several rooms, with an open bar, live entertainment, dancing and surprises. Nothing less than your most decadent black, white or red ensemble will do.
Feb. 11, 10:15 p.m. $95+, 530 W. 27th St. mckittrickhotel.com

How not to have an affair

Alexander Hamilton may have invented the American sex scandal, but Henry Ward Beecher perfected it. Pull up a bar stool at The Bedford to learn about the biggest adultery trial of the 19th century, as well as lessons on sexy philosophy and more with the educational partiers at the **Society for the Advancement of Social Studies**.
Feb. 14, 7:30 p.m., 110 Bedford Ave., Brooklyn, getsaucedatsass.tumblr.com

NYC's insiders share their favorite romantic spots

EVA KIS

EVA KIS

"I like **Jubilee** *(948 First Ave., Midtown East)*, a small, romantic French bistro that's a short walk from the East River. The mussels are exceptional and it's actually one of the first places I took my wife."
Ben Dodaro, Haru

BRANDON HARDIN

"**Marta** *(29 E. 29th St.)* is busy enough, there's stuff going on, they have a great beer and wine selection. Who doesn't want to share pizza on a date? You can get dressed up or go in jeans."
Anne Becerra, Treadwell Park

PROVIDED

"The place I've gone to the most for date night, if I were to add it up over 20 years of date nights, is **Babbo** *(110 Waverly Place)*. We love Babbo — I think it has the finest pasta in all of the city."
Michael Dorf, City Vineyard

NOAH FECKS

"I really like **Lafayette** *(380 Lafayette St., NoHo)*, the vibe, the room, something about it — perfect lighting, get a nice corner spot with a view of the whole room. For me, you gotta get the beef tartare, always oysters."
Anthony Ricco, Leuca

PROVIDED

"I love sushi at **Zenkichi** *(77 N. Sixth St., Williamsburg)*. Each booth has bamboo blinds that make it cozy and intimate and absolutely romantic, and whenever the server comes she [has to] lift up the blinds."
Fallon Seymour, Pearl's

NOAH FECKS

"**The River Café** *(1 Water St., DUMBO)* remains one of New York's most thrilling dining spots, with some of the greatest sights that make romance the main course."
Michael Lomonaco, Porter House

Single and ready to mingle

There's no need to spend Valentine's Day with Netflix as your date. Get out to these great events for singles.

EVA KIS
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eva.kis@metro.us

Find your fitness-minded match at Daybreaker's early morning dance party. GETTY IMAGES

It's Friday, I'm (Not) In Love

The Skint's singles dance party is back, and once again in black to remind yourselves that "every living thing on earth dies alone." Party into blissful oblivion with DJ Gordon Gloom spinning the best broken heart ballads of the '80s to today, drink specials, "a cleansing anti-love ritual" and more. ***Friday, Feb. 10, 10 p.m., $6-$10, Littlefield, 622 Degraw St., Brooklyn***

Relationsh*t!

The hipster nihilist humor of Lynn Bixenspan is exactly what you need to cut through the BS of this thing called love. Comics will offer their relationship stories, good and horrific, while real therapists listen and may even solve your problems, too. Proceeds will benefit the Council for American-Islamic Relations. ***Friday, Feb. 10, 9:30-11 p.m., $8-$10, QED, 27-16 23rd Ave., Astoria***

Love Bites Power Ballad Sing-Along

Whether love has been good or bad to you, there's a power ballad to scream out your feelings at this love-themed karaoke dance party. In case you don't know the greatest love hits of Guns N' Roses, Bon Jovi, Aerosmith and more by heart, lyrics will be onscreen along with their iconic music videos; dress up in your '80s and '90s balladeer best for a costume contest, play your sickest riff in the air guitar competition, and sip themed cocktails like the Kiss from a Rose. ***Fri, Feb. 10, 9:30 p.m., $10, Union Hall, 702 Union St., Brooklyn***

Brooklyn Chocolate Takedown

This is 2017, you don't need someone else to buy you chocolates. Get to the Brooklyn Chocolate Takedown at Royal Palms Shuffleboard Club to taste your way through sweet and savory treats made by 18 cooks using Raaka Chocolate. ***Sunday, Feb. 12, noon-2 p.m., $20, 514 Union St., Brooklyn, $20, thetakedown.com***

Fifty Shades of Play!

This event, at a venue called Madame X, may sound like a BDSM wonderland, but the only pain here will be breaking the ice. Engage in some literal play of the board game variety to meet someone romantic or otherwise — there's nothing like Cards Against Humanity to learn something about people. Tickets include 2.5 hours of open bar and appetizers. ***Mon., Feb. 13, 6-9 p.m., $80, 94 W. Houston St., eventbrite.com***

Wake Up & Love

Daybreaker has been a game-changer for the healthy partying crowd, moving the fun to the morning and taking out alcohol for green juices and good vibes. For Valentine's Day, they're trying something new, mixing theater, poetry, "movement meditation" and, somehow, astronaut Leland Melvin into the usual dance party to start and spread some love. And knowing they are into yoga bodes well for other aspects of a relationship. ***Feb. 14, 7-9 a.m., $30, Highline Ballroom, 431 W. 16th St., daybreaker.com***

Valentine's Day Essentials

The Strand is bringing together the three Cs of self-care: coloring, candy and canines. Get to the brainy paradise that is their Rare Book Room for tastings of Brooklyn's Fine & Raw chocolates, find zen inside the lines of coloring pages and the ultimate stress-reliever: playing with adoptable puppies from the ASPCA. ***Tuesday, Feb. 14, 7-9 p.m., $15, 828 Broadway***

Love Actually Showcase

Remind yourselves that while love is rarely easy, it's always worth it at the 10th annual Valentine's festival of short films. From a hopeless romantic who puts her dates to the movie love test to a couple separated by Alzheimer's, you're sure to shed tears or joy and sorrow. Dating consultant Steve Dean is sure to send you home with some new strategies for finding love in 2017. ***$20, Tues., Feb. 14, 6-10 p.m., Village Pourhouse, 64 Third Ave., nyfilmloft.com***

No Dates Party

Singles who are ready to mingle should get to NoMo, the fashionable SoHo spot where the night belongs to you beginning at 6 p.m. with a one-hour champagne open bar, followed by heart-themed cocktails, small bites and live music from DJ Julian O'Keefe. Joonbug events draw some of the most eligible bachelors and bachelorettes, ***Feb. 14, 6 p.m.-midnight, $25 ladies, $35 guys, 9 Crosby St., joonbug.com/vday***

'Romeo + Juliet'

Little Cinema is a little late with their immersive screenings of Baz Luhrmann's "Romeo + Juliet." But since 20 years later we're still not over the star-crossed love of Claire and Leo, anytime is a good time to purge our feelings about it again, helped along by aerialists, ballet dancers, 3D video effects, themed cocktails and a live DJ (with afterparty). ***Feb. 15 & 17, 8 p.m., $15-$120, House of Yes, 2 Wyckoff Ave., Bushwick, theloveshownyc.com***

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Banned foods of NYC

Breaking Bread is an introduction to the cuisines of the seven countries affected by the travel ban.

EVA KIS
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eva.kis@metro.us

Breaking Bread is planning more food tours and intimate dinners. FACEBOOK

Scott Wiener is in the New York pizza tourism business — not a lot of need for activism there, unless we're talking pushing back against the recent invasion of Detroit-style pies. But like so many others in the city, he's felt called to action.

Now, the man behind Scott's Pizza Tours is also the founder of Breaking Bread (facebook.com/BreakingBreadNYC), a new food-driven initiative to bridge cultures by introducing New Yorkers to immigrant-run restaurants serving the cuisines of the seven Muslim-majority countries affected by the federal travel ban. Breaking Bread kicked off with the cleverly titled Middle Eats food tour of Brooklyn last weekend, and will hold another one this weekend in the Bronx along with a tasting dinner at Safari, the city's only Somali restaurant.

It all began about a week and a half ago, when Wiener found himself at a community meeting in Flatbush. "I'm not normally politically engaged, but I'm pretty upset at some of the stuff that's going on lately, so there is no option but to be engaged," he says. The passion of the crowd that night — the forum was called "How Do We Help Our Neighbors" — inspired him to use his expertise to do his part.

After the meeting, Wiener reached out to his contacts in the food world, and Breaking Bread came together almost faster than he could keep up. Besides the gatherings, the group is also selling a food map that changes weekly (the $10 cost goes to benefit the Council on American-Islamic Relations), which includes a primer on the cuisine and recommendations to navigate the menu.

The maps highlight "banned eateries" serving food from Iraq, Iran, Yemen, Somalia, Syria and, as soon as Breaking Bread's guides can find restaurants serving them, Sudan and Libya (if you're knowledgeable about these countries, they're soliciting contributors). Though their cuisines may seem similar, Wiener notes that the spice trade spanning Asia to Europe left unique imprints on each country's flavors. "We want to feature the differences," he says.

The maps are created with the permission of the restaurateurs, who understandably may not all want the attention given the political climate.

Keep an eye on their website — this weekend's Yemeni food tour was sold out by Monday evening, though tickets are still available for the Safari dinner — or make your own tour with a new map every week until the travel ban is lifted.

YOUR WEEKEND STARTS NOW

PODCASTS

RadioLoveFest

Meet some of your favorite faces you've probably never seen before at the Brooklyn Academy of Music's fourth annual festival bringing podcasts to the stage. See a special Valentine's-themed edition of The Moth, Jon Favreau (the former Obama aide) and company talking politics and, of course, Ira Glass of "This American Life."
Through Feb. 11, various locations $35 and up, bam.org

WELLNESS

USQ Sweat Fest

Perhaps you didn't make it as far as you thought you would with those New Year's resolutions. That's all right. If yours were health-related, get back on the wagon with Union Square Sweat Fest. With both free and ticketed events — including the launch party featuring soul yoga, giveaways, refreshments and spa services — this week of mental and physical wellness offers hip-hop, barre, bungee and aerial classes.
Feb. 9-15, prices vary, unionsquaresweatfest.com

VALENTINE'S

WeWork Market

Left it to the last minute, huh? No worries, you can still find an amazing and locally made gift at WeWork's love-themed market, where drinks and hors d'oeuvres start your shopping experience with vendors like thoughtful lingerie from Peach and peanut butter treats from Jessie's Nutty Cups.
Feb. 9, 5-8 p.m., free entry, WeWork, 135 E. 57th St., Floor 6, wework.com

THEATER

'Beardo'

The creative minds behind Broadway's "Natasha, Pierre & The Great Comet of 1812" now have a punk-rock-opera inside a church in Brooklyn. Pipeline Theatre Company's "Beardo" takes on the myth surrounding Rasputin, the mastermind mystic who counseled the Russian monarchy straight to their demise — and also died under mysterious circumstances.
Feb. 11-26, St. John's Lutheran, 155 Milton St., Brooklyn, $25-$40, pipelinetheatre.org

PETS

Pet Fashion Show

It's Fashion Week, but why should humans have all the fun? The New York Pet Fashion Show returns with a full evening of events, from cute pets in costumes to celebrity appearances. This year's theme is "Global Couture for Animal Rescue," combining the twin goals of saving the planet and its creatures (all while looking great, of course).
Feb. 9, 6-11 p.m., $50-$60, Hotel Pennsylvania, 401 Seventh Ave., nypetfashionshow.com

WINTER

Ice Festival

Whether or not this winter actually happens, we're going to keep having our seasonal fun. This Saturday at Central Park's Naumburg Bandshell, watch as artists at Okamoto Studios carve a life-size ice sculpture (mind the chainsaw!) while enjoying food and drinks from food trucks, or make your own at a molding station. Then at 5 p.m., join a silent disco party.
Feb. 11, 3-7 p.m., free, mid-park from 66th to 77th streets, centralparknyc.org

THEATER

JANETTE BECKMAN

'Blurred Lines'

When women have to march for their rights in the streets while "locker room talk" gets cozy in the Oval Office, it's time to confront the normalization of rape culture in America. "Blurred Lines" is a new show for contemporary times, created by feminist theater troupe Girl Be Heard, based on the company's true experiences and research.
Feb. 9-19, HERE, 145 Sixth Ave., $10-$40, here.org

TASTING

Kosher Food & Wine Fest

Enjoy a decadent evening of feasting and drinking on the waterfront, all kosher. At the Kosher Food & Wine Fest, sample up to nearly 300 varietals from over 40 kosher wineries from around the world, including Herzog, Psagot and the debut of a Terra di Seta Assai. There will also be tastes from local kosher restaurants and caterers.
Feb. 13, 5:30 p.m., Chelsea Piers, 23rd St. at West St., $125, kfweny.com

T. MICHELLE MURPHY

Wine-seeing

Delaire Graff Estate winery in Stellenbosch, South Africa, offers spectacular vistas. WALDO SWIEGERS, BLOOMBERG

These destinations are essential for wine lovers.

Fodor's Travel

Stellenbosch

Founded in 1679, the South African town of Stellenbosch is set against majestic mountains and boasts historic, oak-lined streets — the perfect starting point for wine-tippling tours along the Stellenbosch Wine Route. Dozens of high-quality wineries that produce the region's signature chenin blanc and pinotage wines are within a day's drive.

Sonoma County

Just an hour's drive from San Francisco, Sonoma County is quintessential California wine country. There are some 400 wineries to explore, many focusing on cool-climate wines such as pinot noirs and chardonnays, set in striking redwood forests and beside rugged coastline environs. Sip flights in Sebastopol, where many area vintners have established convenient tasting rooms.

Barossa Valley

Just an hour away from Adelaide in South Australia lies the scenic Barossa Valley, wowing wine lovers the world over by producing bold, jammy Shiraz wines and some of Australia's finest rieslings, mainly from the high-altitude Eden Valley. Australian charm and openness to visitors pervades here. Almost all wineries offer tastings, and many boast free tours and delicious on-site eateries. Spend an afternoon at Yalumba, Australia's oldest family-run winery.

Burgundy

One of France's two powerhouse winemaking regions doesn't make it easy to get in the cellar door. There are a variety of options for gaining entrée, including overnight tours that barge along scenic rivers and canals, passing the area's Romanesque churches and rolling green hills, or day trips departing from the pretty medieval city of Dijon.

Piedmont

As if Italy's sumptuous Barolos and Barbarescos produced in Piedmont weren't reason enough, the area's high concentration of Michelin-starred restaurants, luxurious hotels and high-end spas — not to mention scenic vistas with pretty hills at the base of the Alps — are increasingly luring visitors to Le Langhe in northwest Italy.

Willamette Valley

Oregon's Willamette Valley AVA is huge (5,200 square miles), so you'll need to rent a car to get around. The mild climate in the Valley yields beautiful Burgundian wine varieties with New World flair, and the pinot noirs and chardonnays it produces are world-class.

Central Otago

GETTY IMAGES

Beyond the cinematic New Zealand scenery from "Lord of the Rings" is a booming wine industry. The southernmost wine-growing region in the world beckons visitors with delicate pinot noirs and aromatic white wines such as pinot gris, riesling and gewürztraminer. Rippon Vineyard in Wanaka is one of the area's oldest wineries with a terrific lakeside view, while Peregrine in Gibbston Valley an architectural wonder.

La Rioja

Sleepy Spanish villages, centuries of grape history, and more than 500 wineries producing a wide variety of full-bodied reds make La Rioja an intriguing destination for wine lovers in northern Spain. Check out Bodegas Baigorri in Samaniego, which appears as a glass box hovering above ground with the award-winning winery below.

Douro Valley

Instantly recognizable for the steep-terraced vineyards that soar above the placid Douro River, Portugal's northern wine region is also one of the world's oldest — Romans introduced vines back in the third century A.D. The Douro Valley is serious port country.

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MJ, THE ASS

At some point, you go from "ultra-competitive" to just a straight-up A–hole. Michael Jordan has been walking that fine line since he called out John Starks during his Hall of Fame induction speech eight years ago and this week we got further proof that bitter MJ can't really handle seeing greatness in today's NBA. Golden State Warriors owner Joe Lacob said he saw Jordan at a party recently and Jordan told him that he wasn't all that impressed with the Warriors' 73 wins last season.

"People were drinking, having a good time and all that. But there was a moment where Jordan said, 'You know, 73 don't mean s—,'" Lacob said before trailing off on 95.7 FM The Game in San Francisco. "He did it. Michael Jordan did that. And I looked at him, and I just decided not to, you know, make a big deal of it."

BALLIN'!

Five years from now, remember that I told you that the Ball brothers would be the two most dominant players in the NBA. UCLA star Lonzo Ball (pictured below) is going to be a top-three pick in this year's NBA Draft and his younger brother, LaMelo Ball, scored 92 points in one game this week. LaMelo is only a sophomore at Chino Hills High School.

Expect plenty of lame "these Ball brothers can ball, man!" jokes from washed-up sports anchors if sports anchors are still doing game highlights in five years.

UPTON GIRL

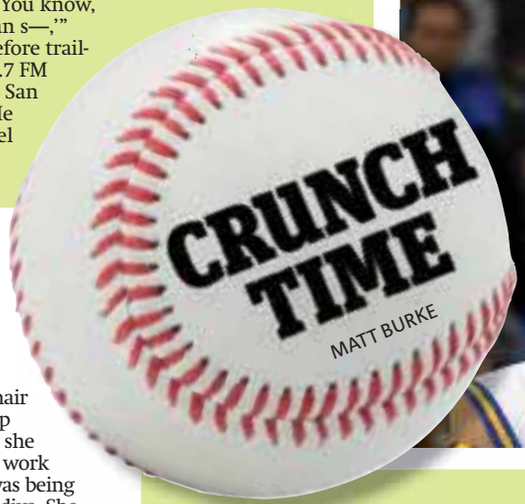
It's safe to say that Kate Upton has become too famous for the Sports Illustrated Swimsuit Issue, and she knows it. Upton reportedly demanded that she be placed on the cover of the upcoming annual issue.

According to a NY Post source: "There was drama. Kate demanded that if she did the shoot, that she absolutely must get the cover. She also had a list of photographers and hair and makeup people that she would only work with. She was being a big f–ing diva. She thinks she's better than everyone because she's an actress."

For the record, Upton has a whopping three credits on her IMDB page (to be fair, three more — all Oscar worthy I'm sure — are in post-production). She was Mr. Hightower's Mistress in "Tower Heist" in 2011, Sister Bernice in "The Three Stooges" in 2012, and Amber in 2014's "The Other Woman."

A real Audrey Hepburn we've got on our hands here.

Upton also made headlines late last year when she shredded MLB writers about not voting for her boyfriend, Justin Verlander, for the AL Cy Young Award.



CHEATIN' COLTS

Patriots haters have accused the franchise of bending the rules for years, but now that the Pats have won two Super Bowl games with 100 percent inflated footballs, it's hard to argue against their greatness. NFL Network's Deion Sanders defended the Pats' "cheating ways" this week, and cited a double-standard with Peyton Manning's Colts.

"Those same critics, did they say anything about the wins that the Colts had? You want to talk about that too?" Sanders said in a verbal spat with Patriots hater LaDainian Tomlinson on NFL Network. "Because [the Colts] were getting everybody's signals. Come on, you don't walk up to the line and look over here and the man on the sideline giving you the defense that they've stolen the plays of. We all knew. L.T. knew. Everybody in the NFL knew. We just didn't let the fans know. That was real, and that was happening in Indy."

NEW YORKERS SHOULD ALREADY BE CRAVING BASEBALL SEASON

OPINION

SID ROSENBERG
@sidrosenberg

Spring training is right around the corner. Both New York teams are coming off disappointing seasons and are looking to bounce back in 2017. The future does look bright for both the Yankees and Mets, so let's look at what the teams did while their fanbases were in hibernation.

Coming off a disappointing 2016 season that was riddled with injuries, the Mets look primed and ready for a World Series run in 2017. The Amazin's return one of baseballs best starting five, headed by Twitter troll Noah Syndergaard, along with a healthy Jacob deGrom and Matt Harvey. Zack Wheeler, who has come out and said that he's feeling 100 percent healthy, will look to join the rotation but there may be times when Terry Collins has him come out of the bullpen to limit his innings.

In free agency, the Mets brought back Yoenis Cespedes and Neil Walker but lost Bartolo Colon to the Braves and James Loney to the Rangers. We can expect Cespedes to play left field in an already crowded outfield. Keeping to the outfield, there are rumors that Juan Lagares is drawing interest on the trade market and could end up on the move to make room for Michael Conforto, Jay Bruce and Curtis Granderson.

The captain, David Wright, will return to his post on the hot corner after spinal stenosis caused him to miss a large portion of the 2016 season. Mets fans know that we are going to get leadership, heart and a Gold Glove from Wright — but the question is, how will his back hold up at the plate?

Players to keep an eye on during spring training are going to be Seth Lugo, Amed Rosario and Dominic Smith. Rosario will be at spring training on the 40-man roster, while Smith will be a non-roster invitee. They are the No. 1 and No. 2 prospects in the Mets farm system and shined in the 2016 Futures Game. According to reports, Lugo's curveball is off the charts right now, and he credits playing frisbee golf to improving the snap on the pitch.

As a Mets fan, I have my hopes up for 2017. Now onto the "Evil Empire" uptown.

After a season of replenishing their farm system with trades, the Yankees are focusing on the future in. Gary Sanchez is coming off a monster rookie campaign and will be taking over full-time catching duties after the Yankees traded Brian McCann to the Astros for pitching prospects.

To go along with Sanchez, the baby boom in the Bronx includes Chance Adams, Clint Frazier, Gleyber Torres and Justus Sheffield — who will all be at spring training as non-roster invitees looking to make big impressions on the organization.

On the topic of veterans, the Yankees lost two big clubhouse guys from their 2016 roster. As mentioned before, McCann was traded to the Astros and Mark Teixeira opted for retirement and a desk job as an analyst for ESPN. You can say what you want about their production on the field, but they both played a big role in the confidence of the younger Yankees last season.

Over the winter in free agency, the Yankees signed former All-Star Matt Holliday — who hit .246 and 20 home runs in 110 games with the Cardinals last season. They also brought back a now World Series champion in Aroldis Chapman after trading him to the Cubs last season in return for Torres.

David Wright is penciled in as the Mets starting third baseman for opening day. GETTY IMAGES

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Islanders to Hartford a longshot

The good money says the Islanders will eventually re-up with Barclays.

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Hartford, Connecticut, desperately wants the Islanders to move east. GETTY IMAGES

Two days after NHL Commissioner Gary Bettman hinted New York Islanders owners Scott Malkin and Jon Ledecky were studying the franchise's present and future home arena "options," a report in Bloomberg, citing sources, said Barclays Center officials have determined housing the team is financially unviable.

Almost immediately, questions were raised about where the franchise would settle with the renovated Nassau Coliseum, Belmont and Willets Point, Queens, being listed as potential destinations. On Friday, the governor of Connecticut and the mayor of Hartford sent a letter to Malkin and Ledecky offering Hartford's XL Center as both a short-and-long term home.

In the letter, Gov. Dannel Malloy and Mayor Luke Bronin wrote, Hartford is "an NHL market with more Fortune 500 companies than many NHL cities" and "Hartford was home to the Whalers, whose fan base is still ranked as one of the NHL's most energetic with the continued sale of items trademarked with the classic green and blue logo.

"This is a ready market anxious for an NHL team, eager to fill seats, buy merchandise and support your team."

The XL Center is the home of the Hartford Wolf Pack, the New York Rangers' American Hockey League affiliate. Hartford has not had a NHL franchise since 1996-97. At the end of that season, the then-Whalers relocated to Raleigh, North Carolina, and were rebranded the Carolina Hurricanes.

An Islanders spokesperson later emailed a statement to the Hartford Courant in response to the letter.

"The public letter that the Connecticut governor's office released earlier today was the first we had heard of the news. We are thrilled to be playing this season in front of our passionate New York Islanders fan base at Barclays Center with the goal of making the playoffs. We look forward to another great year of New York Islanders hockey at Barclays Center next season," the team said.

> *"This is a ready market anxious for an NHL team."*
>
> Hartford's letter to Islanders management

As such, it does not seem likely that Hartford would gather much, if any, interest from the league and its board of governors — especially when factoring in Quebec City as an NHL-ready city. Seattle has also expressed interest in becoming an NHL market.

As Metro noted last week, Bettman told reporters during his State of the NHL address Saturday during NHL All-Star weekend that Malkin and Ledecky "are committed to the franchise. They're committed to New York and the great fan base that has followed the Islanders. There are some issues about playing in Barclays. It may be fundamental to the system, and that's not something that can be fixed in the short term. I think as is prudent, Scott Malkin and Jon Ledecky are reviewing the situation and looking very seriously at what their options are."

Yet each potential destination in the New York market has drawbacks. When the Islanders left Nassau Coliseum following the 2014-15 season, then-majority owner Charles Wang and Bettman expressed their frustration with Nassau County politicians. And its believed the renovated Coliseum will only seat 13,000. Queens and Belmont do not yet have shovels in the ground, which would mean the Islanders would need to find an arena for the 2018-19 season. Plus in a region where the renovated Coliseum, Madison Square Garden, Barclays Center and Newark's Prudential Center already compete for attractions and dates, is there an appetite for a fifth arena?

So, the possibility exists that Ledecky and Malkin may renegotiate the Islanders' lease with Barclays in order for the franchise to remain in New York.

According to ESPN.com, the Islanders rank 29th in the NHL with an average attendance 12,787 through 31 home games. Only the Carolina Hurricanes, with an average attendance of 12,025 through 24 games, rank lower than the Islanders.

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MORTGAGE, LLC D/B/A CHAMPION MORTGAGE COMPANY, Plaintiff, Against SYLVAN DUNKLEY, ET AL., Defendant(s) Index No. 7869/2013

Pursuant to a Judgment of Foreclosure and Sale, duly entered on 11/16/2016, I the undersigned Referee, will sell at public auction, the Queens County Supreme Court, 88-11 Sutphin Boulevard, Jamaica, NY in Courtroom #25 on 3/3/2017 at 10:00am, premises known as 120-18 230th Street, Cambria Heights, NY 11411 and described as follows: ALL that tract or parcel of land, situate in the Borough and County of Queens, City and State of New York and Designated on the tax maps of the Queens County Treasurer as Block 12814 and Lot 95. The approximate amount of the Judgment lien is $318,945.35 plus interest and costs. The premises will be sold subject to provisions of the aforesaid Judgment of Foreclosure and Terms of Sale; Index # 7869/2013. Joseph Trotti, Esq. Referee, SCHILLER, KNAP, LEFKOWITZ & HERTZEL, LLC 950 New London Road LATHAM, NY 12110 Dated 12/14/2016 13-1638-0

NOTICE OF QUALIFICATION of OYA SOLAR NY, L.P. Application for Authority filed with the Secy. of State of New York (SSNY) on 11/29/2016. Office location: Kings County.

L.P. formed in Delaware on 09/01/2016. SSNY designated as agent of LP upon whom process against it may be served.

SSNY shall mail process to the L.P. c/o Corporation Service Company, 80 State Street, Albany, NY 12207-2543 the registered agent upon whom process may be served:

2711 Centerville Road, Suite 400, Wilmington DE 19808.

Arts. of Org. filed with the Secy. of State of Delaware, Delaware Division of Corporations, 401 Federal Street, Suite 4, Dover, DE 19901. Purpose: any lawful activity.

NOTICE OF FORMATION of LaSweetsNY LLC. Articles of Org. filed with the Secy. of State of New York (SSNY) on July 6, 2016. Office location: New York County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 400 Cozine Ave. #2-K, Brooklyn, NY 11207. Purpose: any lawful activity.

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NOTICE OF FORMATION of GBC Realty LLC. Articles of Organization filed with the Secy. of State of New York (SSNY) on 01/05/2017 Office location: New York County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o Bei Chen-Schwartzberg, 50 Battery Pl., 3B, New York, NY 10280. Purpose: any lawful activity.

NOTICE IS HEREBY GIVEN that a license, Number 1299955, for Beer, Wine & Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail under the Alcoholic Beverage Control Law at 241-05 Linden Blvd., Elmont, NY 11003. Queens County, for on-premises consumption. QPID Lounge Corp.

NOTICE IS HEREBY GIVEN that a license, Number Pending, for Liquor, Wine & Beer has been applied for by the undersigned to sell Liquor, Wine & Beer at retail in a Restaurant under the Alcoholic Beverage Control Law at 7 Hanover Square, New York, NY 10004, for on-premises consumption. LADAMANYC, Inc.

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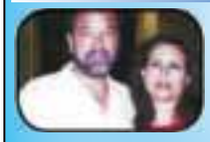

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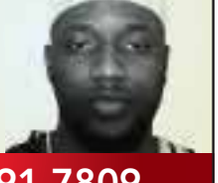

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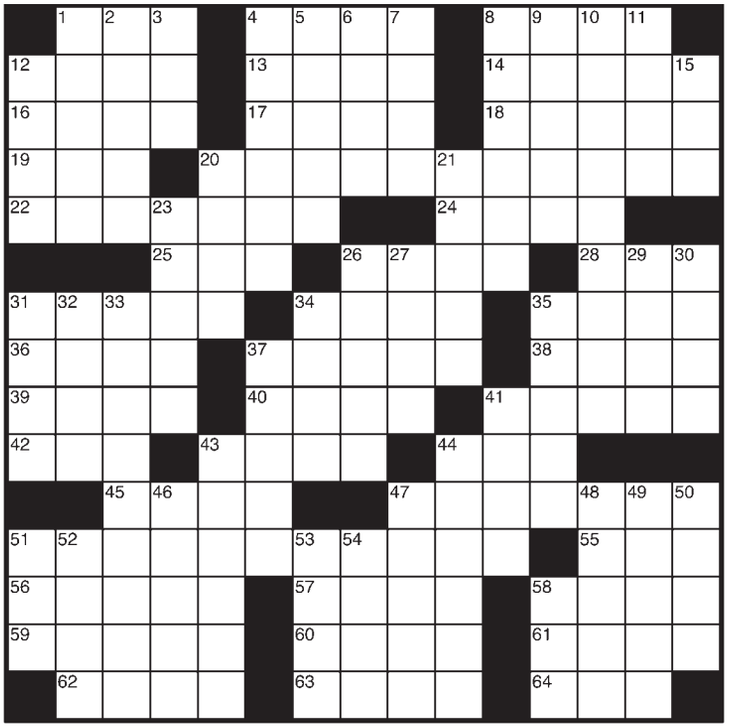

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				5		1	8	
9	4						6	8
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7			2			4		

hard

5	6		1				3	
9		3	5					1
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			3			8		2
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	2				5		1	6

metro.us/horoscopes

Aries Share your thoughts and feelings, and offer to lend a helping hand to someone in need. Your kind gesture will be met with an unexpected reward.

Taurus An emotional matter will rock your foundation if you believe everything you hear. Take a step back and size up your situation before you make a move.

Gemini Join an organization that can help you expand your contacts or offer you the experience you need to advance. An opportunity will surface if you are forthright.

Cancer Stay alert and concentrate on the responsibilities you signed up for. Falling short at work, school or home will lead to unwanted criticism and disappointment.

Leo Share your feelings, make plans with someone you love and look for exciting ideas about places to visit and lifestyle changes. Romance is highlighted.

Virgo A challenge will help you put your life in perspective. Use your intuition to help you avoid problems with partners. Compliments will get you further than criticism.

Libra You must use your charm and intelligence to convince others to see things your way. Personal gains look promising, and physical alterations will add to your appeal.

Scorpio Don't feel pressured to make a business decision or change your course of action due to what someone else is doing. Stick to what is most familiar.

Sagittarius Discipline and high expectations and hopes will bring good results, as long as you don't overdo it. Setting parameters and guidelines will help you stay on track.

Capricorn Applying pressure in situations that you don't like will not bring the results you want. Diplomacy will be necessary, along with proper incentives.

Aquarius Don't stop when you should be moving full speed ahead. Set your course and turn your attention toward achieving what you set out to do.

Pisces Do what you do best without promising too much. Work quietly on your own until you are satisfied with what you have accomplished. EUGENIA LAST

Yesterday's answers

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A	L	E	C		A	R	O	M	A		E	T	N	A
U	T	A	H		C	E	C	I	L		N	E	A	L
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